

**PROGRAM STUDI S1- KEPERAWATAN
FAKULTAS ILMU KESEHATAN
UNIVERSITAS MUHAMMADIYAH TASIKMALAYA**

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ABSTRAK

***SELF EFFICACY* PENDERITA TB PARU DI WILAYAH KERJA
PUSKESMAS TAMANSARI KOTA TASIKMALAYA**

xii + 64 halaman + 7 tabel + 1 bagan + 14 lampiran

TB Paru merupakan penyakit menular yang dapat menyebabkan kematian, pengobatan TBC yang tidak tuntas dapat menyebabkan penyakit bertambah sulit untuk diobati. Penderita TB paru mengalami kemunduran fisik dan psikologi yang disebabkan karena rendahnya kemampuan dan keyakinan serta keinginan untuk melakukan pengobatan ke fasilitas kesehatan sebagai gambaran efikasi diri yang rendah. Data yang diperoleh dari Bagian Program TB di puskesmas Tamansari didapatkan kasus TB paru pada bulan Juli 2018 sebanyak 37 orang, dari jumlah tersebut sebanyak 8 orang sudah selesai pengobatan. Penelitian ini bertujuan untuk mengetahui *Self Efficacy* penderita TB paru. Metode yang menggunakan metode deskriptif kuantitatif. Sampel dalam penelitian ini sebanyak 29 orang di peroleh dengan teknik total sampling. Data diperoleh dengan kuesioner tertutup dan data dianalisis dengan menggunakan analisis univariat. Hasil penelitian menunjukkan bahwa *self Efficacy* penderita TB paru berdasarkan tingkat kesulitan pasien sebagian besar termasuk rendah (55.2%), *Self Efficacy* penderita TB paru berdasarkan kekuatan pasien termasuk tinggi (65.5%) dan *Self Efficacy* penderita TB paru berdasarkan tingkat generalitas pasien termasuk rendah (51.7%). Kesimpulan dari penelitain ini *Self Efficacy* pada tingkat kesulitan termsuk rendah, tingkat kemudahan termasuk tinggi dan tingkat generalitas termasuk tinggi. Oleh karena itu pasien disarankan agar tetap yakin dan optimis dalam menjalani kehidupan dimasa yang akan datang dengan baik, selalu terbuka dan melibatkan keluarga akan masalah ataupun kondisi yang dialami.

Kata Kunci : *Self Efficacy*, TB paru

Perpustakaan : 30 (2008-2016)

S1 NURSING STUDY PROGRAM

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ABSTRACT

SELF EFFICACY PATIENTS OF PULMONARY TB IN THE TAMANSARI HEALTH CENTER TASIKMALAYA CITY

xii + 64 pages + 7 tables + 1 charts + 14 attachments

Pulmonary TB is an infectious disease that can cause death, incomplete TB treatment can cause more difficult disease to treat. Patients with pulmonary TB experience physical and psychological setbacks due to low ability and confidence and the desire to treat health facilities as low self-efficacy messages. Data obtained from the TB Program Section at Tamansari Health Center found pulmonary TB cases in July 2018 as many as 37 people, out of which 8 people had finished treatment. This study aims to determine the Self Efficacy of pulmonary TB patients. Methods that use quantitative descriptive methods. The sample in this study were 29 people obtained by total sampling technique. Data were obtained by a closed questionnaire and data were analyzed using univariate analysis. The results showed that self-efficacy of pulmonary TB patients based on the difficulty level of most patients included low (55.2%), self-efficacy of pulmonary TB patients based on the strength of patients including high (65.5%) and self-efficacy of pulmonary TB patients based on the generality of patients including low (51.7 %). The conclusion of this research is that Self Efficacy at the level of difficulty is low, the level of ease includes high and generality level including high. Therefore, patients are advised to remain confident and optimistic in living their lives in the future well, always open and involving families in their problems or conditions.

Keywords: Self Efficacy, pulmonary TB

Library: 30 (2008-2016)