

**UNIVERSITY OF MUHAMMADIYAH TASIKMALAYA**  
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**ABSTRACT**

***NURSING CARE RISK OF CEREBRAL TISSUE PERFUSION  
INEFFECTIVE BY GIVING WATER DECOCTION BAY LEAF IN  
PATIENTS WITH HYPERTENSION BASED ON LITERATURE REVIEW***

*xiv initial part + 41 page + 6 tables + 3 attachments*

*Hypertension or high blood pressure is an abnormal increase in blood pressure in arterial blood vessels continuously over a period. The normal limit size is 120-140 mmHg sitolic and 80-90 mmHg diastolic. So, a person is called to have hypertension when his blood pressure is above 140/90 mmHg Hypertension management can be done by giving bay leaf decoction water. The administration of bay leaf decoction water helps lower blood pressure. The purpose of this study is to find out that nursing care risk of cerebral perfusion is ineffective by administering bay leaf decoction water in hypertensive patients. Secondary research methods with literature review through article searches conducted on the internet with Google Scholar search engines population obtained 3 journals and 1 full text nursing care that meets the criteria of insklusi. Based on the study of the three journals of assessment results in hypertensive patients, namely blood pressure above normal limits, the diagnosis of nursing that is raised as the main problem is the risk of ineffectiveness of cerebral prefusion, planning using therapeutic measures of water decoction bay leaf, implementation is carried out approximately 2x24 hours a day based on the standard stages of oprasional procedures (SOP), in the evaluation shows a decrease in blood pressure according to the criteria of results, the application of therapy administration dun salam effectively lower blood pressure with  $p$  value = 0,000. Giving bay leaf decoction water can be an alternative to lower high blood pressure in hypertensive patients.*

**Keywords:** *Hypertension, Blood Pressure, Bay Leaf Decoction Water Therapy*

**Library:** *18 (2008 – 2020)*

**UNIVERSITAS MUHAMMADIYAH TASIKMALAYA**  
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**ABSTRAK**

**ASUHAN KEPERAWATAN RESIKO PERFUSI JARINGAN SEREBRAL  
TIDAK EFEKTIF DENGAN PEMBERIAN AIR REBUSAN DAUN SALAM  
PADA PASIEN DENGAN HIPERTENSI BERDASARKAN *LITERATUR  
REVIEW***

xiv bagian awal + 41 halman + 6 tabel + 3 lampiran

Hipertensi atau tekanan darah tinggi merupakan suatu peningkatan abnormal tekanan darah dalam pembuluh darah arteri secara terus menerus lebih dari satu periode. Ukuran batas normal adalah 120-140 mmHg sistolik dan 80-90 mmHg diastolik. Jadi, seseorang disebut mengidap hipertensi bila tekanan darahnya diatas 140/90 mmHg. Penatalaksanaan hipertensi dapat dilakukan dengan pemberian air rebusan daun salam. Pemberian air rebusan daun salam membantu menurunkan tekanan darah. Tujuan penelitian ini adalah mengetahui asuhan keperawatan Resiko Perfusi serebral tidak efektif dengan pemberian air rebusan daun salam pada pasien hipertensi. Metode penelitian sekunder dengan *literatur review* melalui pencarian artikel yang dilakukan di internet dengan *search engine Google Scholar* populasi didapat 3 jurnal dan 1 asuhan keperawatan *full text* yang sesuai kriteria inklusi. Berdasarkan telaah ketiga jurnal hasil pengkajian pada pasien hipertensi yaitu tekanan darah diatas batas normal, diagnosa keperawatan yang diangkat sebagai masalah utama adalah resiko ketidakefektifan perfusi serebral, perencanaan menggunakan tindakan terapi pemberian air rebusan daun salam, implementasi dilakukan kurang lebih 2x24 jam dalam sehari berdasarkan tahapan standar operasional prosedur (SOP), dalam evaluasi menunjukkan adanya penurunan tekanan darah sesuai kriteria hasil, penerapan terapi pemberian air rebusan daun salam efektif menurunkan tekanan darah dengan p value = 0,000. Pemberian air rebusan daun salam bisa dijadikan alternatif untuk menurunkan tekanan darah tinggi pada pasien hipertensi

**Kata Kunci:** Hipertensi, Tekanan Darah, Terapi Air Rebusan Daun Salam

**Pustaka:** 18 (2008 – 2020)