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ANA DWI AYUNI

ABSTRAK

GAMBARAN MANIFESTASI KLINIS *CORONA VIRUS DISEASES 2019*

Coronavirus Disease 2019 (COVID-19) adalah penyakit jenis baru yang menyerang sistem pernafasan dengan keluhan ringan, sedang hingga berat. Pandemi COVID 19 tidak hanya terjadi di Indonesia tetapi menyerang dunia, seiring hari berganti angka terkonfirmasi positif semakin bertambah dan angka kematian hingga menyentuh angka 2,5%. Tujuan penelitian ini mengetahui gambaran manifestasi klinis dari *Corona Virus Diseases 2019* berdasarkan *literature review*. Populasi dalam penelitian ini sebanyak 8.981 Jurnal dan diambil sample sebanyak 7 jurnal internasional (Proquest). Adanya berbagai kesamaan manifestasi klinis yang sering muncul mulai dari demam, batuk, sesak nafas, sakit tenggorokan, kelelahan, sakit kepala, diare, kehilangan nafsu makan, mual, muntah, kehilangan penciuman, kelemahan otot & kehilangan rasa. Manifestasi yang jarang muncul seperti menggigil, sering meludah, rinorea bahkan ada juga gejala *neuopskiatri* seperti fotobobia, perubahan kondisi mental, halusinasi, gangguan penglihatan, gangguan bicara, kejang, dan gangguan keseimbangan. Dan pada ibu hamil ada kemungkinan terjadinya kelahiran prematur yang dipengaruhi oleh komorbiditas yang sudah ada sebelumnya, seperti usia ibu yang tinggi, dan indeks massa tubuh yang tinggi tampaknya menjadi faktor risiko COVID-19 yang parah. Selain itu pada penderita COVID 19 penyakit penyerta yang sering muncul yaitu hipertensi, diabetes militus, dan PPOK.

Kata Kunci : Manifestasi klinis, COVID 19.
Kepustakaan : 21 (2012-2020)

ABSTRACT

Coronavirus Disease 2019 (COVID-19) is a new type of disease that attacks the respiratory system with mild, moderate to severe complaints. The COVID 19 pandemic does not only occur in Indonesia but attacks the world, as the day goes by, the number of confirmed positives increases and the death rate reaches 2.5%. The purpose of this study was to find out the description of the clinical manifestations of Corona Virus Diseases 2019 based on a literature review. The population in this study were 8,981 journals and a sample of 7 international journals (Proquest) was taken. The results showed that there were various clinical manifestations that often appeared, ranging from fever, cough, shortness of breath, sore throat, fatigue, headache, diarrhea, loss of appetite, nausea, vomiting, loss of smell, muscle weakness & loss of taste. Rare manifestations such as chills, frequent spitting, rhinorrhea and even neuropsychiatric symptoms such as photophobia, mental changes, hallucinations, visual disturbances, speech problems, seizures, and balance disorders. And in pregnant women there is the possibility of preterm birth which is influenced by pre existing comorbidities, such as high maternal age and high body mass index appear to be risk factors for severe COVID19. Complementary diseases that often appear are hypertension, diabetes mellitus, and COPD. For further researchers, a more in-depth study related to clinical manifestations in all systems of the human body, so that more complete manifestations can be obtained, manifestations can also be added to infants, children, adolescents, adults and the elderly so that differences can be found between these age groups.

Keywords : Clinical Manifestation, COVID 19
Literature : 21 (2012-2020)