

DAFTAR PUSTAKA

- Al-Qur'an Al-Kariim.
- Alderman, T. (1997). *The Scarred Soul : Understanding & Ending Self-Inflicted Violence*. Oakland, CA : New Harbinger.
- Beasley, M., Thompson, T., & Davidson, J. (2003). *Resilience In Response To Life Stress: The Effects Of Coping Style and Cognitive Hardiness*. *Personality and Individual Differences*, 34(1).
- Beasley, M. (2001). *Resilience In Response To Life Stress: The Effects Of Coping Style And Cognitive Hardiness on The Psychological Health of Mature Age Students* (Doctoral dissertation, University of Tasmania).
- Beutler, L. E., Harwood, T. M., Kimpara, S., Verdirame, D., & Blau, K. (2011). *Coping Style*. *Journal of Clinical Psychology*. 67(2), 176-183.
- Bhakti, C. P. (2015). *Bimbingan Dan Konseling Komprehensif : Dari Paradigma Menuju Aksi*. *Jurnal Fokus Konseling*, 1(2).
- Buresova, I., Bartosova, K., & Cernak, M. (2015). *Connection Between Parenting Styles and Self-Harm In Adolescence*. *Procedia Social and Behavioral Sciences*, 171, 1106-1113.
- Buelens, Tinne. dkk (2020). *Investigating The DSM-5 Criteria For Non-Suicidal Self-Injury Disorder in A Community Sample of Adolescents*. *Journal of Affective Disorders*.
- Borrill, J., Fox, P., Flynn, M., & Roger, D. (2009). *Students Who Self-Harm : Coping Style, Rumination and Alexithymia*. *Counselling Psychology Quarterly*, 22(4), 361-372.
- Bendelow, G. (2009). *Health, Emotion and the Body*. Cambridge: Polity.
- Brown, S. L., & Ireland, C. A. (2006). *Coping Style and Distress in Newly Incarcerated Male Adolescents*. *Journal of Adolescent Health*. 38(6). 656-661.
- Carver, C. S., Scheier, M. F., & Weintraub, J. K. (1989). *Assessing Coping Strategies : a Theoretically Based Approach*. *Journal of personality and social psychology*, 56(2). 267.
- Compas, B. E. (1987). *Coping With Stress During Childhood and Adolescence*. *Psychological Bulletin*. 101(3).
- Castro, K., & Kirchner, T. (2018). *Coping and Psychopathological Profile in Nonsuicidal Self-Injurious Chilean Adolescents*. *Journal Of Clinical Psychology*. 74(1).

- Cawood, C. D., & Huprich, S. K. (2011). *Late Adolescent Nonsuicidal Self-Injury: The Roles of Coping Style, Self-Esteem, and Personality Pathology*. *Journal of Personality Disorders*, 25(6), 765-781.
- Chapman, A. L., Gratz, K. L., & Brown, M. Z. (2006). *Solving The Puzzle of Deliberate Self-Harm : The Experiential Avoidance Model*. *Behavior Research and Therapy* : 44, 371-394.
- Cha & Nock. (2011). *Nonsuicidal Self Injury*. *Encyclopedia of Adolescence*, Volume 3.
- Creswell, John W. (2016). *Research Design : Qualitative, Quantitative and Mixed Method Approaches*. SAGE Publication.
- Diaz-Guerrero, R. (1979). *The Development of Coping Style*. *Human Development*, 22(5), 320-331.
- Dishion, T. J., McCord, J., & Poulin, F. (1999). *When Interventions Harm: Peer Groups and Problem Behavior*. *American Psychologist*. 54, 755 – 764.
- Duffy, D. F. (2009). *Self-injury*. *Psychiatry*, 8(7). 237-240.
- Estefan, Grearyana & Yeni. (2014). *Gambaran Proses Regulasi Emosi pada Pelaku Self Injury*. *Jurnal Psikologi*. 12(1).
- Endler, N. S., & Parker, J. D. (1990). *Multidimensional Assessment of Coping: A Critical Evaluation*. *Journal of Personality and Social Psychology*, 58(5), 844.
- Folkman, S., & Lazarus, R. S. (1980) *An Analysis Of Coping In A Middle-Aged Community Sample*. *Journal of Health and Social Behavior*, 21, 219-239.
- Folkman, S. & Lazarus, R. S. (1984). *Stress, appraisal and coping*. New York : Spinger.
- Folkman, S., & Moskowitz, J. T. (2004). *Coping: Pitfalls and Promise*. *Annual Review of Psychology*, 55,74–745
- Frydenberg, E. (1991). *Adolescent Coping Styles and Strategies: Is There Functional and Dysfunctional Coping*. *Journal of Psychologists and Counsellors in Schools*. 1, 35-42.
- Frydenberg, E. (2008). *Adolescent Coping : Advances In Theory, Research and Practice*. London : Routledge.
- Fitriyani, Listia. (2015). *Peran Pola Asuh Orang Tua Dalam Mengembangkan Kecerdasan Emosi Anak*. *Lentera*. 18(1).
- Fariad, Laila. dkk (2018). *Efektivitas Pemberian Ekspresif Writing Therapy Terhadap Kecenderungan Self Injury Ditinjau dari Tipe Kepribadian Introvert*. *Universitas 17 Agustus 1945 Surabaya*. 22(2).

- Garcia, C. (2010). *Conceptualization and Measurement of Coping During Adolescence: A Review of The Literature*. Journal Of Nursing Scholarship, 42(2), 166-185.
- Guerrero, Diaz. R. (1979). *The Development of Coping Style*. Human development, 22(5). 320-331.
- Goncalves, T., Lemos, M. S., & Canário, C. (2019). *Adaptation And Validation Of A Measure of Students' Adaptive And Maladaptive Ways of Coping With Academic Problems*. Journal of Psychoeducational Assessment, 37(6), 782-796.
- Gonzales, A. H., & Linda. Bergstrom, (2013). *Adolescent Non-Suicidal Self-Injury (NSSI) Interventions*. Journal of Child and Adolescent Psychiatric Nursing. 26(2), 124-130.
- Gratz, Kim. L. (2001). *Measurement of Deliberate Self-Harm: Preliminary Data on the Deliberate Self-Harm Inventory*. Journal of Psychopathology and Behavioral Assessment. 23(4).
- Gaudreau, Patrick. (2002). *Active Coping Strategies*. Universitas Ottawa, ON, Kanada.
- Gibbs. G. R. (2007). *Analyzing Qualitative Data*. Dalam U. Flick (Editor). The Sage qualitative research kit. Thousand Oaks, CA : Sage.
- Hasking, P. A., Coric, S. J., Swannell, S., Martin, G., Thompson, H. K., & Frost, A. D. (2010). *Brief Report: Emotion Regulation And Coping As Moderators In The Relationship Between Personality And Self-Injury*. Journal of adolescence, 33(5), 767-773.
- Hoffner, C., & Haefner, M. J. (1993). *Children's Strategies For Coping With News Coverage Of The Gulf War*. Communication Research Reports. 10(2).
- Hooley, J. M., & Franklin, J. C. (2018). *Why Do People Hurt Themselves? A New Conceptual Model of Nonsuicidal Self-Injury*. Clinical Psychological Science, 6(3), 428-451.
- Huang, Y. L., & Lin, M. R. (2005). *An Analysis of The Development of Juvenile Self-Injury - A Case Study of Five Cases*. Journal of Counseling and Counseling. 12, 101-126.
- Hamzah, Amir. (2020). *METODE PENELITIAN STUDI KASUS : Single Case, Instrumental Case, Multicase & Multisite*. Malang : Literasi Nusantara.
- Jang, K. L., Thordarson, D. S., Stein, M. B., Cohan, S. L., & Taylor, S. (2007). *Coping Styles and Personality: A Biometric Analysis*. Anxiety, Stress & Coping. 20(1), 17-24.
- Konopka, G. (1980). *Coping With The Stresses and Strains Of Adolescence*. Social Development Issues. 4(3).
- Khalifah, Sayyidah. (2019). *Dinamika Self Harm Pada Remaja*. Skripsi UIN SUNAN AMPEL Surabaya : Tidak diterbitkan.

- Kurniawaty, Ria. (2012). *DINAMIKA PSIKOLOGIS PELAKU SELF-INJURY (STUDI KASUS PADA WANITA DEWASA AWAL)*. Jurnal Penelitian dan Pengukuran Psikologi. 1(1).
- Klonsky, E. D. (2009). *The Functions Of Self-Injury In Young Adults Who Cut Themselves: Clarifying The Evidence For Affect-Regulation*. Psychiatry Research.
- Klonsky, E. D., & Jennifer (2007). *Self Injury: A Research Review For The Practioner*. Wiley Interscience.
- Klonsky, E. D. (2007). *Non-Suicidal Self Injury : An Introduction*. JOURNAL OF CLINICAL PSYCHOLOGY: IN SESSION, Vol. 63(11).
- Knigge, Jennifer. (1999). *Self Injury for Teacers*. Article of self injury. Kettlewell.
- Kostiuk, L. M., & Fouts, G. T. (2002). *Understanding Of Emotions and Emotion Regulation In Adolescent Females With Conduct Problems: A Qualitative Analysis*. The Qualitative Report. 7(1).
- Laye-Gindhu, A., & Schonert-Reichl, K. A. (2005). *Nonsuicidal Self-Harm Among Community Adolescents: Understanding The ‘‘Whats’’ and ‘‘Whys’’ of Self-Harm*. Journal of Youth and Adolescence, 34(5), 447–457.
- Li, H., Wang, J., & Wang, L. (2009). *A Survey On The Generalized Problematic Internet Use In Chinese College Students and Its Relations To Stressful Life Events And Coping Style*. International Journal Mental Health Addiction.
- Lin, Y. M., & Chen, F. S. (2010). *A Stress Coping Style Inventory of Students At Universities and Colleges of Technology*. World Transactions on Engineering and Technology Education, 8(1), 67-72.
- Lian, T. J. (2004). *A Study on The Development And Application of Mental Health Scales Among High Risk Adolescents (Doctoral Thesis)*. National Kaohsiung Normal University, Kaohsiung, Taiwan.
- Lazarus, R. S. (1991). *Emotion and Adaptation*. New York, NY: Oxford.
- Maidah. (2013). *Self Injury Pada Mahasiswa (Studi Kasus Pada Mahasiswa Pelaku Self Injury)*. Skripsi, Fakultas Psikologi Universitas Negeri Semarang, Semarang. Tidak dipublikasikan.
- Maddi, S. (1981). *Individual Development : Its Significance for Stress Responsitivity and Stress Adaptation*. Personality Development. In Adolescence and Stress, Moore, C. (Ed.), pp. 15-33. (DHSS Publication No. ADM 81-1098) Washington, DC : U.S. Government Printing Office.
- McCrae, R. R., & Costa, P. T. (2003). *Personality in Adulthood 2thed, A Five-Factor Theory Perspective*. London: The Guilford Presss.

- Malchiodi, C. A. (2005). *Expressive Therapies ; History, Theory, and Practice*. New York : The Guilford Press.
- Mersey Care NHS Foundation trust. (2011). *Self Harm*. http://www.mersecare.nhs.uk/Library/What_we_do/Corporate_Service/Communications/Self_help_guides/Self%20Harm.pdf
- Milles, M. B. (1994). *Qualitative Data Analysis : A Sourcebook of New Methods*. Thousand Oaks, CA : SAGE.
- Nainis, N., Judith A. P., Julia, R., James H. W., Jerry, L., & Susan, S. (2006). *Relieving Symptoms In Cancer : Innovative Use of Art Therapy*. Journal of Pain and Symptom Management. 31(2), 162- 169.
- Nock, Matthew. K. (2010). *Self Injury*. Department of Psychology, Harvard University.
- Nock, M. K. (2009). *Why Do People Hurt Themselves? New Insights Into The Nature and Functions Of Self-Injury*. Current Directions in Psychological Science.
- Nock, M. K., & Prinstein, M. J. (2004). *A Functional Approach to The Assessment of Self-Mutilative Behavior*. Journal of Consulting and Clinical Psychology. 72(5), 885–890.
- Noorbakhsh, S. N., Besharat, M. A., & Zarei, J. (2010). *Emotional Intelligence and Coping Styles With Stress*. Procedia-Social and Behavioral Sciences, 5, 818-822.
- Nadhiroh, Yahdinil Firda. (2015). *Pengendalian Emosi (Kajian Religio-Psikologis tentang Psikologi Manusia)*. Jurnal Saintifika Islamica. 2(1).
- Natawidjaja, R. (1987). *Pendekatan dalam Penyuluhan Kelompok*. Jakarta :Depdikbud, Ditjen Dikti, Proyek Pengembangan Lembaga Pendidikan dan Tenaga Kependidikan.
- Nixon, M. K., Levesque, C., Preyde, M., Vanderkooy, J., & Cloutier, P. F. (2015). *The Ottawa Self-Injury Inventory: Evaluation of An Assessment Measure Of Nonsuicidal Self-Injury In An Inpatient Sample of Adolescents*. Child and adolescent psychiatry and mental health, 9(1), 26.
- Patterson, J. M., & McCubbin, H. I. (1987). *Adolescent Coping Style and Behaviors: Conceptualization and Measurement*. Journal of Adolescence. 10(2).
- Pristiyanti & Wiryo. (2020). *Pengembangan Booklet Pencegah Kepekaan Self Injury Siswa di SMP Negeri 20 Surabaya*. Universitas Negeri Surabaya.
- Pearlin, L. I., & Schooler, C. (1978). The structure of coping. *Journal of health and social behavior*, 2-21.

- Price, J. H. (1985). A model for explaining adolescent stress. *Health Education, 16*(3), 36-40.
- Putro, Khamim Zarkasih. (2017). *Memahami Ciri dan Tugas Perkembangan Masa Remaja*. APLIKASIA: Jurnal Aplikasi Ilmu-ilmu Agama. (17)1.
- Perini, I., Gustafsson, P. A., Hamilton, J. P., Kämpe, R., Mayo, L. M., Heilig, M., & Zetterqvist, M. (2019). *Brain-Based Classification of Negative Social Bias In Adolescents With Nonsuicidal Self-Injury : Findings From Simulated Online Social Interaction*. *EClinical Medicine, 13*, 81-90.
- Permatasari & Budi. (2016). *Emphatic Love Therapy untuk Menurunkan Pikiran dan Perilaku Self Injury*. *Gadjah Mada Journal of Professional Psychology, 2*(3).
- Parson, R. D., & Brown, K. S. (2002). *Reflective Practitioner and Action Researcher*. California.
- Rakhmawati, D. (2017). *Konselor Sekolah Abad 21: Tantangan Dan Peluang*. *Jurnal Konseling GUSJIGANG, 3*(1).
- Raco, J. (2010). *Metode Penelitian Kualitatif: Jenis, Karakteristik dan Keunggulannya*. <https://doi.org/10.31219/osf.io/mfzuj>
- Roger, D., Jarvis, G., & Najarian, B. (1993). *Detachment and Coping: The Construction and Validation of a New Scale For Measuring Coping Strategies*. *Personality and Individual Differences, 15*(6), 619-626.
- Ren, Y., Lin, M. P., Liu, Y. H., Zhang, X., Wu, J. Y. W., Hu, W. H., ... & You, J. (2018). *The Mediating Role of Coping Strategy In The Association Between Family Functioning and Nonsuicidal Self-Injury Among Taiwanese Adolescents*. *Journal of Clinical Psychology, 74*(7).
- Roth, S., & Cohen, L. J. (1986). *Approach, Avoidance, and Coping With Stress*. *American Psychologist, 41*(7), 813.
- Rusmana, Nandang. (2017). *Bimbingan dan Konseling Kelompok di Sekolah : Metode, Teknik dan Aplikasi*. Bandung : RIZQI PRESS.
- Romas, Muslimah Zahro. (2010). *Self Injury Ditinjau dari Konsep Diri*. *Jurnal Psikologi, Vol.8*.
- Rijk, De, A. E., Blanc, P. M. L., Schaufeli, W. B., & De Jonge, J. (1998). *Active Coping and Need for Control as Moderators of The Job Demand–Control Model: Effects on Burnout*. *Journal of Occupational and Organizational Psychology, 71*(1). 1-18.
- Sornberger, M. J., Smith, N. G., Toste, J. R., & Heath, N. L. (2013). *Nonsuicidal Self-Injury, Coping Strategies and Sexual Orientation*. *Journal of Clinical Psychology, 69*(6).
- Sandiana, L. A., & Oriza, I. I. D. (2018). *Peran Coping Berfokus Emosi sebagai Mediator Pada Hubungan antara Kepribadian dan Penggunaan Internet Bermasalah*. *Jurnal Psikologi Teori dan Terapan, 9*(1).

- Shofia, Ismi. (2018). *Hubungan Kematangan Emosi dengan Kecenderungan Melakukan Self Injury Pada Remaja* (Doctoral Dissertation, UNIVERSITAS 17 AGUSTUS 1945).
- Seiffge-Krenke, I. (2004). *Adaptive And Maladaptive Coping Styles: Does Intervention Change Anything?*. *European Journal of Developmental Psychology*, 1(4), 367-382.
- Stainback, Susan. (1988). *Understanding & Conducting Qualitative Research*. Kendall/Hunt Publishing Company : Dubuque, Iowa.
- Sugiyono. (2012). *Metode Penelitian Kuantitatif, Kualitatif dan R&D*. Alfabeta : Bandung.
- Sugiyono. (2012). *Metode Penelitian Pendidikan (Pendekatan Kuantitatif, Kualitatif dan R&D)*. Bandung : Alfabeta.
- Steggals, P., Lawler, S., & Graham, R. (2020). *The Social Life of Self-Injury: Exploring The Communicative Dimension of A Very Personal Practice*. *Sociology of Health & Illness*, 42(1). 157-170.
- Bogusławska, Szewczuk. M., Kaczmarek-Fojtar, M., Moustafa, A. A., Mahlberg, J., Frydecka, D, Oleszkowicz, A & Misiak, B. (2018). *Assessment of The Frequency Criterion For The Diagnosis of Non-Suicidal Self-Injury Disorder In Female Adolescents With Conduct Disorder*. *Psychiatry Research*, 267, 333-339.
- Sugianto, N. F. *Pengaruh Disregulasi Emosi, Kesepian, dan Religiusitas Terhadap Perilaku Self-Injury Pada Remaja* (Bachelor's thesis, Fakultas Psikologi UIN Syarif Hidayatullah Jakarta).
- Sugara, G. S. (2018). *Kualitas dan Keterpercayaan Penelitian Kualitatif Dalam Bimbingan dan Konseling*. *Jurnal Fokus Konseling*, 4(1). 79-92.
- Sansone, R. A., & Wiederman, M. W. (2015). *Religiosity/Spirituality : Relationships With Non-Suicidal Self Harm Behaviors and Attempted Suicide*. *International Journal of Social Psychiatry*, 1-6.
- Saputra, Dinar. dkk. (2019). *Penerapan Art Therapy Untuk Mengurangi Perilaku Menyakiti Diri Sendiri (Self-Injurious Behavior) Pada Dewasa Muda yang Mengalami Distress Psikologis*. *INQUIRY Jurnal Ilmiah Psikologi*. 10(1).
- Semiun, Yustinus. (2006). *Kesehatan Mental*. Penerbit Kanisius, Yogyakarta.
- Simeon & Eric. (2001). *Self Injurious Behaviors Assesment and Treatment*. American Psychiatric Publishing, Inc : Washington, DC.
- Seiffge Inge & Krenke. (2004). *Adaptive and Maladaptive Coping Styles : Does Intervention Change Anything?*. *EUROPEAN JOURNAL OF DEVELOPMENTAL PSYCHOLOGY*. 1(4).
- Stainback, S., & Stainback, W. (1988). *Understanding & Conducting Qualitative Research*. Council For Exceptional Children, Publication Sales.
- Turner, B. J., Wakefield, M. A., Gratz, K. L., & Chapman, A. L. (2017). *Characterizing Interpersonal Difficulties Among Young Adults Who Engage In Nonsuicidal Self-Injury Using A Daily Diary*. *Behavior Therapy*, 48(3), 366-379.

- Tilton-Weaver, L., Marshall, S. K., & Svensson, Y. (2019). *Depressive Symptoms and Non-Suicidal Self-Injury During Adolescence : Latent Patterns of Short-Term Stability And Change*. *Journal of Adolescence*, 75, 163-174.
- Thomassin, K., Marion, C. G., Venasse, M., & Shaffer, A. (2017). *Specific Coping Strategies Moderate The Link Between Emotion Expression Deficits and Nonsuicidal Self-Injury In An Inpatient Sample of Adolescents*. *Child and Adolescent Psychiatry and Mental Health*, 11(1), 1-8.
- Utomo & Tatik. (2015). *Kebermaknaan Hidup, Kestabilan Emosi dan Depresi*. *Jurnal Psikologi Indonesia*. 4(03).
- Utsaimin, Muhammad bin Shalih, *Asyarhu Al-Mumti' 'ala Zad Al-Mustaqni'*. (Riyad : Dar ibnu Jauzi. 2002) jilid.5 hal.395-397.
- Ulum, Terisa Sari. dkk. (2019). *Layanan Konseling Kelompok Rational Emotive Behavior Therapy Terhadap Harga Diri Siswa Korban Self Injury*. Program Studi Bimbingan dan Konseling, Fakultas Ilmu Pendidikan Universitas PGRI Semarang. 6(2).
- Victor, S. E., & Klonsky, E. D. (2018). *Understanding The Social Context of Adolescent Nonsuicidal Self-Injury*. *Journal of Clinical Psychology*. 74(12), 2107-2116.
- Valliant, G. (1977). *Adaptational to Life*. Boston : Little Brown.
- Walgito, B. (2004). *Pengantar Psikologi Umum*. Yogyakarta: Andi.
- Wang, et.al., (2020). *Loneliness, Non-Suicidal Self-Injury and Friendship Quality Among Chinese Left-Behind Adolescents: The Role of Parent-Child Cohesion*. *Journal of Affective Disorders*.
- Wang, S. H. (2001). *The Comorbidity Of Women's Depression And Anxiety: From The Perspective of Family Functioning and Personality Trait (Unpublished Master's Thesis)*. National Cheng Kung University, Tainan, Taiwan.
- Walsh. B, Rosen P (1988). *Self Mutilation: Theory, Research, and Treatment*. New York : Guilford.
- Walsh, Barent W. (2006). *Treating Self-Injury : A Practical Guide*. New York : Guilford Press.
- Wibisono, Bernardus Kharisma. (2016). *Kajian Literatur Tentang Pola Asuh dan Karakteristik Kepribadian Sebagai Faktor Penyebab Perilaku Melukai Diri Pada Remaja*. Prosiding Seminar Nasional Psikologi : Empowering Self. ISBN : 978-602-1145-30-2.
- Wan, Y., Chen, R., Wang, S., Clifford, A., Zhang, S., & Orton, S. (2020). *Associations Of Coping Styles With Nonsuicidal Self-Injury In Adolescents: Do They Vary With Gender And Adverse Childhood Experiences?*. *Child Abuse & Neglect Journal*.

- Whitlock, J., Muehlenkamp, J., & Eckenrode, J. (2008). *Variation in Nonsuicidal Self-Injury : Identification and Features Of Latent Classes in a College Population of Emerging Adults*. *Journal of Clinical Child & Adolescent Psychology*, 37(4). 725-735.
- Yusuf, & Juntika Nurihsan. (2014). *Landasan Bimbingan & Konseling*. Remaja Rosdakarya : Bandung.
- Yusuf, Syamsu. (2017). *Bimbingan & Konseling Perkembangan : Suatu Perkembangan Komprehensif*. Refika Aditama : Bandung.
- Yates, T.M. (2004). *The Developmental Psychopathology of Self-Injurious Behaviour: Compensatory Regulation in Posttraumatic Adaptation*. *Clinical Psychology Review*. 24. 35-74.
- Yin, R. K. (2015). *Qualitative Research From Start to Finish*. Guilford Publications.
- Zhou, Y., Li, D., Li, X., Wang, Y., & Zhou, L. (2017). *Big Five Personality And Adolescent Internet Addiction: The Mediating Role Of Coping Style*. *Addictive Behaviors*, 64.
- Zeidner, M., & Endler, N. S. (Eds.). (1995). *Handbook of coping: Theory, research, applications* (Vol. 195). John Wiley & Sons.
- Zatterqvist, Maria. (2015). *The DSM-5 Diagnosis of Nonsuicidal Self-Injury Disorder: A Review of The Empirical Literature*. *Child Adolescent Psychiatry Mental Health*.
- Zahro, Nashihatuz. (2016). *Pengaruh Parent Attachment, Emotional Regulation dan Self Esteem Terhadap Perilaku Self Injury Pada Remaja*. FAKULTAS PSIKOLOGI UNIVERSITAS UIN SYARIF HIDAYATULLAH : Jakarta. Skripsi. Tidak diterbitkan.