

**FAKULTAS ILMU KESEHATAN
PROGRAM STUDI S1- KEPERAWATAN
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ABSTRAK

**HUBUNGAN PENGETAHUAN DENGAN KEMANDIRIAN IBU POST SECTIO
CAESAREA DALAM MERAWAT DIRI DAN BAYINYA**

xii bagian awal + 53 halaman + 1 tabel + 1 bagan + 2 lampiran

Persalinan SC merupakan proses melahirkan bayi melalui sayatan pada dinding rahim. Kondisi post SC akan menyebabkan ketergantungan dalam memenuhi aktivitas sehari-hari. Upaya untuk memenuhi kebutuhan nifas tersebut, ibu memerlukan pengetahuan tentang kebutuhan-kebutuhan dasar pada masa nifas. Tingkat pengetahuan *ADL* akan berdampak pada ketidakmampuan ibu dalam melakukan aktifitas sehari-hari. Tujuan penelitian ini mengetahui hubungan pengetahuan dengan kemandirian ibu post *sectio caesarea* dalam merawat diri dan bayinya berdasarkan *literatur review*. Desain penelitian *library research* dengan penelusuran data pustaka atau jurnal ilmiah melalui *google scholar*. Populasi sebanyak 275 jurnal dan sebanyak 6 jurnal yang memenuhi kriteria inklusi dan ekslusi untuk dijadikan sampel. Hasil penelitian didapatkan ada hubungan antara pengetahuan dengan kemandirian ibu dalam merawat diri dan bayinya. Pengetahuan sangat mempengaruhi perawatan diri ibu selama masa nifas, hal ini dikarenakan oleh semakin baik pengetahuan seseorang maka akan semakin baik pula perawatan diri dan bayinya selama masa nifas. Disarankan bagi perawat dapat meningkatkan pengetahuan ibu nifas posts SC sehingga memiliki kemandirian dalam merawat diri dan bayinya dengan memberikan edukasi serta bimbingan yang komprehensif.

Kata Kunci : Ibu nifas, post SC, Kemandirian, Pengetahuan

Kepustakaan : 45 (2010-2019)

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Abstract

THE RELATIONSHIP OF KNOWLEDGE WITH INDEPENDENCE OF POST SECTIO CAESAREA MOTHER IN TREATING YOURSELF AND THEIR BABY

xii beginning section + 53 pages + 1 table + 1 chart + 2 Attachments

SC delivery is the process of delivering a baby through an incision in the uterine wall. Post SC conditions will cause dependence in fulfilling daily activities. Efforts to meet the needs of the puerperium, the mother asked for knowledge about basic needs during the puerperium. A low level of knowledge about ADL will have an impact on the mother's inability to care for or carry out activities. The purpose of this study is to study knowledge with post sectio caesarean mothers in self-care and their babies based on literature review. This type of research is literature study, with the method of collecting library data or scientific journals. The population of 275 journals from Google Scholar, the sample in this study were 6 journals that met the inclusion and exclusion criteria. The results found there was a relationship between knowledge with the independence of the mother in caring for herself and her baby. Knowledge greatly influences the care of the mother during the puerperium, this is due to the better knowledge about the better the care during the puerperium. It is better for nurses to increase the knowledge of the postpartum mothers so that they can have independence in self-care and their babies by means of health education and guidance discussed.

Keywords: Knowledge, Independence, post partum, mothers SC

Bibliography : 45 (2010-2019)