

**FAKULTAS ILMU KESEHATAN
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Gambaran Strategi Koping Ibu Dengan Anak Berkebutuhan Khusus

ABSTRAK

xii bagian awal + 53 halaman + 2 bagan + 1 lampiran

Rendahnya jumlah ABK yang memperoleh pendidikan disebabkan oleh berbagai faktor, mulai dari kurangnya infrastruktur sekolah yang memadai, kurangnya tenaga pengajar khusus, dan juga stigma masyarakat terhadap ABK. Jumlah anak berkebutuhan khusus (ABK) tahun 2019 saat ini yang ada di SLB Bahagia berjumlah 153 siswa. Tujuan penelitian ini diketahuinya gambaran strategi koping ibu dengan anak berkebutuhan khusus berdasarkan *Literature Review*. Pencarian artikel dilakukan dengan mengakses jurnal dari internet dengan *search engine Google Scholar* dan *Portal Garuda*, terdiri dari 735 populasi didapat 12 jurnal *full text* yang sesuai kriteria inklusi dan eklusi. Hasil menunjukkan metode coping dibagi atas dua model, yaitu coping yang berfokus pada permasalahan (*problem focused coping*) dan coping yang berfokus pada emosi (*emotion-focused coping*) penelitian dapat dijadikan sebagai acuan untuk penelitian selanjutnya, terutama hal-hal yang berkaitan tentang Gambaran Strategi Koping Ibu dengan Anak Berkebutuhan Khusus (ABK).

Kata Kunci : Strategi Koping, Anak Berkebutuhan Khusus
Pustaka : 24 (2010-2020)

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Description of Mother and Child Coping Strategies with Special Needs

ABSTRACT

xii start section + 53 pages + 2 chart + 1 attachments

The low number of ABK who received education was caused by various factors, ranging from the lack of adequate school infrastructure, the lack of special teaching staff, and also the community's stigma of ABK. The number of children with special needs (ABK) in 2019 currently in SLB Bahagia totaled 153 students. The purpose of this study was to know the description of coping strategies of mothers with children with special needs based on Literature Review. Searching for articles was done by accessing journals from the internet with search engines Google Scholar and Garuda Portal, consisting of 735 populations obtained 12 full text journals that fit the inclusion and exclusion criteria. The results show that the coping method is divided into two models, namely coping that focuses on problems (problem focused coping) and coping that focuses on emotions (emotion-focused coping) research can be used as a reference for further research, especially matters relating to Strategy Overview Mothers Koping with Children with Special Needs (ABK).

Keywords : Coping Strategies, Children With Special Needs
Library : 24 (2010-2020)