

UNIVERSITAS MUHAMMADIYAH TASIKMALAYA

FAKULTAS ILMU KESEHATAN

PROGRAM STUDI SARJANA KEPERAWATAN

Skripsi, juli 2020

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PENGARUH TERAPI PERMAINAN PUZZLE TERHADAP KEMAMPUAN BERADAPTASI SOSIAL SISWA TUNAGRAHITA DI SLB

ABSTRAK

vi bagian awal + 66 halaman + 1 tabel + lampiran

Masalah adaptasi sosial terapi bermain merupakan penerapan sistematis dari sekumpulan prinsip belajar terhadap suatu kondisi atau tingkah laku yang di anggap menyimpang dengan tujuan perubahan. Perubahan yang dimaksud bisa berarti menghilangkan, mengurangi, meningkatkan, atau memodifikasi suatu kondisi atau tingkah laku tersebut. **Tujuan :** Ingin mengetahui secara spesifik tentang pengaruh terapi permainan puzzle terhadap kemampuan beradaptasi sosial siswa tunagrahita berdasarkan *literature reviews* dengan **Metode literature review:** Melalui pencarian artikel menggunakan *science direct, google scholar* tahapan literature review yaitu Tahap identifikasi, screening, penilaian kualitas, analisis data menulis hasil analisa data. **Diskusi :** Terdapat bukti adanya pengaruh terapi bermain puzzle terhadap kemampuan adaptasi sosial siswa tunagrahita. Setelah diberikan perlakuan terapi puzzle kemampuan anak dalam bersosialisasi baik itu adaptasi dan interaksi dapat memberikan peningkatan perkembangan sosial dengan baik **Kesimpulan :** Literature Reviews dari ke 7 jurnal dapat disimpulkan bahwa, terdapat bukti adanya pengaruh terapi bermain puzzle terhadap kemampuan adaptasi sosial siswa *tunagrahita*. **Saran :** Dapat menerapkan terapi pembelajaran ini untuk anak dengan kemampuan beradaptasi sosial yang kurang baik di SLB.

**Kata kunci :** Adaptasi Sosial, Perkembangan Sosial, Terapi Permainan **Puzzle**, Tunagrahitha

**Daftar Pustaka : 35**

UNIVERSITAS MUHAMMADIYAH TASIKMALAYA

FACULTY OF HEALTH SCIENCE

Nursing S1 Study Program

Thesis, july 2020

Rahmi Fajrianti

**THE EFFECT OF PUZZLE GAME THERAPY ON THE SOCIAL ADAPTABILITY OF MENTALY TUNAGRAHITHA IN SLB**

**ABSTRACT**

vi beginning + 70 page + 1 chart + attachment

**Background:** In the case of adaptation therapy social play is a systematic application of a set of principles of learning to a condition or behavior that is considered distorted with the purpose of change. The change in question may mean eliminating, reducing, enhancing, or modifying a condition or behaviour.

**Goal:** Want to know specifically about the effect of puzzle game therapy on the social adaptability of the students in SLB. Research method: Through article search using Science Direct, Google scholar then done journal reviews.

**Results of the research:** showing the results of the analysis of researchers, seen that giving therapy play with cooperative play: puzzle can change the development and ability of the child in a sense of the ability of socialization.

**Discussion:** Parents must provide a decent and professional educational child in educating children with mental disabilities, which is in the school of Extraordinary School Special (SLB). Education in the form of a special school or a therapeutic place can affect the ability of socialization, because this place requires them to be able to communicate and interact well.

**Conclusion:** Literature Reviews from the 7th Journal can be concluded that, there is evidence of the influence of the therapeutic play puzzle to the ability of social adaptation of the student Tunagrahita.

**Keywords:** Tunagrahitha, social development, social adaptation, Puzzle game therapy.

**Bibliography :** 35