

UNIVERSITAS MUHAMMADIYAH TASIKMALAYA  
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Gambaran Pelaksanaan Personal Hygiene  
Santri Di Pondok Pesantren

ABSTRAK

v bagian awal + 73 halaman + 2 tabel + lampiran

Perilaku *personal hygiene* merupakan perawatan dimana individu mempertahankan kesehatannya juga merupakan kebutuhan dasar manusia yang harus senantiasa terpenuhi. *Personal hygiene* pesantren adalah semua perilaku kesehatan yang dilakukan atas kesadaran, sehingga santri beserta semua yang ada di dalamnya dapat menolong dirinya sendiri di bidang kesehatan dan berperan aktif dalam kegiatan-kegiatan kesehatan di pesantren. Tujuan penelitian untuk mengetahui gambaran pelaksanaan *personal hygiene* pada santri di pondok pesantren berdasarkan *literatur review*. Metode penelitian literatur review dengan penelusuran jurnal ilmiah melalui *google scholar*. Populasi dalam *Literature Review* ini adalah 36 artikel jurnal dengan 7 sampel yang didapat sesuai dengan kriteria. Tahapan yang dilakukan mulai dari identifikasi masalah, screening, penilaian kualitas, analisa data dengan menggunakan IMRad dan menulis hasil analisa data. Hasil didapatkan bahwa pelaksanaan *personal hygiene* santri di lingkungan pondok pesantren masih kurang baik, hal ini dibuktikan masih banyaknya santri yang mengalami penyakit skabies dan *flour albus patologi* (keputihan) pada santri perempuan karena kurangnya kesadaran santri akan kebersihan pribadinya. Disarankan bagi pengelola pondok pesantren dapat mengadakan penyuluhan pengetahuan tentang pentingnya *personal hygiene* bekerjasama dengan pihak di bidang kesehatan.

**Kata Kunci:** *Personal Hygiene*, Santri Pondok Pesantren.  
Daftar Pustaka: 41 (2013-2018)

**UNIVERSITY OF MUHAMMADIYAH TASIKMALAYA  
FACULTY OF HEALTH SCIENCE  
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***Paper, July 2020  
Evan Nabil Nur Arifin***

***Overview of Personal Hygiene Implementation  
Santri in Islamic Boarding School***

***ABSTRACT***

*v + 73 pages + 2 tables + enclosure*

*Personal hygiene behavior is a treatment where the individual maintains his health is also a basic human need that must always be fulfilled. Pesantren Personal hygiene are all health behaviors that are carried out on awareness, so that students and all those in it can help themselves in the health sector and play an active role in health activities in pesantren. The purpose of this study was to determine the description of the implementation of personal hygiene in students in Islamic boarding schools based on literature review. The literature review research method is by searching scientific journals through Google Scholar. The population in this literature review is 36 journal articles with 7 samples obtained according to criteria. Stages are carried out starting from problem identification, screening, quality assessment, data analysis using IMRad and writing data analysis results. The results showed that the implementation of personal hygiene of students in the boarding school environment is still not good, this is evidenced by the fact that there are still many students who experience scabies and flour albus pathology (vaginal discharge) in female students because of the lack of awareness of students about personal hygiene. It is recommended for boarding school managers to hold a knowledge education about the importance of personal hygiene in collaboration with parties in the health sector.*

***Keywords: Islamic Boarding School's Student, Personal Hygiene  
Study Literature: 41 (2013-2018)***