

**FAKULTAS ILMU KESEHATAN
PROGRAM STUDI S1- KEPERAWATAN
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ABSTRAK

PENGARUH PENDIDIKAN KESEHATAN TERHADAP PERILAKU IBU DALAM PELAKSANAAN TOILET TRAINING PADA ANAK USIA TODDLER (1-3 TAHUN) DI KELURAHAN SINGKUP KECAMATAN PURBARATU KOTA TASIKMALAYA

xiii bagian awal +63 halaman + 4 tabel +1 bagan +11 lampiran

Toilet training merupakan salah satu tugas dari perkembangan anak pada usia *toddler*, tindakan orang tua dalam menerapkan *toilet training* pada anak tentang tidak terlepas dari pengetahuan dan sikap dari orang tua sendiri. Hasil pendahuluan didapatkan jumlah anak usia 1-3 tahun sebanyak 207 orang yang tersebar di 8 Posyandu. Masih banyak masyarakat yang menggunakan MCK umum. Untuk mandi, mencuci, dan termasuk untuk BAB dan BAK. Sehingga kurangnya pengetahuan ibu dalam pelaksanaan toilet training, dan banyaknya ditemukan anak usia toddler masih rewel apabila BAK dan belum mampu berbicara kepada orangtuanya. Penelitian ini bertujuan untuk mengetahui pengaruh pendidikan kesehatan terhadap perilaku ibu tentang pelaksanaan *toilet training* pada anak usia toddler (1-3 Tahun). Jenis penelitian ini kuantitatif menggunakan metode penelitian eksperimen dengan bentuk *quasi eksperimen* dengan rancangan *pre test* dan *post test*. Sampel sebanyak 15 orang diperoleh dengan teknik *purposive sampling*. Proses pengumpulan data menggunakan kuesioner dan dianalisis dengan statistik deskriptif dan uji paired test.

Hasil menunjukkan bahwa rata-rata skor perilaku tentang pelaksanaan *toilet training* pada anak usia toddler (1-3 Tahun) sebelum diberikan pendidikan kesehatan sebesar 125,73 point dan sesudah diberikan pendidikan kesehatan menjadi 155,40 point. Hasil uji statistik didapatkan terdapat pengaruh pendidikan kesehatan terhadap perilaku ibu tentang pelaksanaan *toilet training* pada anak usia toddler (1-3 Tahun) dengan p value 0,000. Kesimpulan dari penelitian ini terdapat pengaruh pendidikan kesehatan terhadap perilaku ibu tentang pelaksanaan *toilet training*. Oleh karena itu, tenaga kesehatan khususnya perawat dapat memberikan pendidikan kesehatan kepada orang tua mengenai *toilet training* pada anak usia *toddler* secara berkesinambungan

Kata Kunci : *toilet training*, pendidikan kesehatan, usia *toddler*

Pustaka : 23 (2009-2018)

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ABSTRACT

THE EFFECT OF HEALTH EDUCATION ON MOTHER BEHAVIOR IN THE IMPLEMENTATION OF TOILET TRAINING IN CHILDREN OF TODDLER AGES (1-3 YEARS) IN THE ENVIRONMENT IN THE PURBARATU DISTRICT, TASIKMALAYA CITY

xiii start section +63 pages + 4 tables +1 chart +11 attachments

Toilet training is one of the tasks of the development of children at toddler age, the actions of parents in applying toilet training to children about not being separated from the knowledge and attitudes of parents themselves. Preliminary results obtained a number of children aged 1-3 years as many as 207 people spread over 8 Posyandu. There are still many people who use public toilets. For bathing, washing and including for defecation and urinating. So the lack of knowledge of mothers in the implementation of toilet training, and the number of children found toddler age is still fussy when BAK and has not been able to talk to his parents. This study aims to determine the effect of health education on maternal behavior regarding the implementation of toilet training in children aged toddler (1-3 Years). This type of quantitative research uses experimental research methods with quasi experimental form with pre-test and post-test designs. A sample of 15 people was obtained by purposive sampling technique. The process of collecting data using a questionnaire and analyzed with descriptive statistics and paired test. The results showed that the average score of behavior about the implementation of toilet training in children aged toddler (1-3 Years) before being given health education was 125.73 points and after being given health education was 155.40 points. The results of the statistical test found that there was an influence of health education on maternal behavior regarding the implementation of toilet training in children with toddler age (1-3 years) with a p value of 0,000. The conclusion from this study there is the effect of health education on maternal behavior regarding the implementation of toilet training. Therefore, health workers, especially nurses can provide health education to parents about toilet training for toddler-age children on an ongoing basis

Keywords: toilet training, health education, toddler age

Bibliography : 23 (2009-2018)