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Hubungan Motivasi Ibu Post Sectio Caesarea Dengan Pelaksanaan Mobilisasi Dini Di Ruang Melati 2A RSUD Dr. Soekardjo Kota Tasikmalaya

ABSTRAK

13 bagian awal + 7 Bab + 60 halaman + 5 tabel + 15 lampiran

Mobilisasi dini adalah suatu kegiatan atau pergerakan atau perpindahan posisi yang dilakukan pasien setelah beberapa jam setelah operasi yang bertujuan untuk mempertahankan fungsi fisiologis dengan cara mempertahankan kemandirian sedini mungkin. Dampak yang akan terjadi pada ibu jika tidak melakukan mobilisasi yaitu terjadinya peningkatan suhu tubuh, dan juga pendarahan yang abnormal. Salah satu yang memicu ibu untuk melaksanakan mobilisasi dini adalah motivasi. Penelitian ini bertujuan mengetahui hubungan motivasi ibu post sectio caesarea dengan pelaksanaan mobilisasi dini di Ruang Melati 2A RSUD Dr. Soekardjo Kota Tasikmalaya. Jenis penelitian deskriptif analitik dengan pendekatan *cross sectional*. Populasi semua ibu post operasi sectio caesarea di ruang melati 2A dengan teknik *accidental sampling* diperoleh jumlah sampel sebanyak 30 orang. Pengumpulan data kuesioner dianalisis menggunakan deskriptif dan uji *chi square*. Hasil didapatkan motivasi responden dalam melakukan mobilisasi dini sebagian besar mempunyai motivasi negatif (86,7%), dan yang tidak melakukan mobilisasi dini tidak sesuai tahapan (90%). Hasil uji statistik menggunakan uji *chi-square* didapatkan p value = 0.05, maka dapat disimpulkan bahwa ada hubungan motivasi ibu post sectio caesarea dengan pelaksanaan mobilisasi dini. Disarankan kepada petugas kesehatan untuk memberikan penyuluhan dan motivasi pada ibu yang harus dibangun sehingga ibu ada semangat untuk melakukan mobilisasi dengan cara dibantu untuk melakukan mobilisasi.

Kata Kunci : Ibu post sectio caesarea, Motivasi, Mobilisasi Dini,

Kepustakaan : 28 (2010-2024)

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**The Relationship between the Motivation of Post Sectio Caesarea Mother's
Motivation and and the Implementation of Early Mobilization in Melati
Room 2A of Dr. Soekardjo Hospital, Tasikmalaya City**

ABSTRACT

13 introductory sections + 7 Chapters + 60 pages + 5 tables + 15 appendices

Early mobilization is an activity or movement or position change carried out by the patient after a few hours after surgery that aims to maintain physiological function by maintaining independence as early as possible. The impact that will occur on mothers if they do not mobilize is an increase in body temperature, and also abnormal bleeding. One of the things that triggers mothers to carry out early mobilization is motivation. This study aims to determine the relationship between the motivation of post-sectio caesarea mothers and the implementation of early mobilization in Room 2A of Dr. Soekardjo Hospital, Tasikmalaya City. This type of analytical descriptive research is based on a *cross sectional* approach. The population of all post-cesarean section mothers in the jasmine room 2A with an *accidental sampling* technique was obtained as many as 30 people. Questionnaire data collection was analyzed using descriptive and *chi square* test. The results showed that the motivation of respondents in carrying out early mobilization was mostly negative (86.7%), and those who did not carry out early mobilization were not in accordance with the stages (90%). The results of the statistical test using the *chi-square* test obtained p value = 0.05, so it can be concluded that there is a relationship between the motivation of post-sectio caesarean mothers and the implementation of early mobilization. It is recommended to health workers to provide counseling and optimization to mothers that must be built so that mothers have the spirit to mobilize by being assisted to mobilize.

Keywords: Mother post sectio caesarea, Motivation, Early Mobilization, .

Literature : 28 (2010-2024)