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ABSTRAK

HUBUNGAN DUKUNGAN KELUARGA DENGAN *SELF-CARE* PADA PASIEN TUBERKULOSIS PARU DI WILAYAH KERJA PUSKESMAS TAMANSARI KOTA TASIKMALAYA

xiii + 88 halaman + 9 tables + 1 bagan + 13 lampiran

Tuberkulosis (TB) merupakan penyakit infeksi kronis menular yang disebabkan oleh bakteri *Mycobacterium Tuberculosis* yang paling sering menyerang organ paru-paru. Memerlukan yang waktu yang lama untuk menjalani pengobatan, rentan terhadap kegagalan dalam masa pengobatan. Upaya keberhasilan menjalani pengobatan bagi penderita TB yaitu memerlukan dukungan dari keluarga serta perawatan diri (*self-care*). Tujuan : penelitian ini bertujuan untuk mengetahui hubungan keluarga dengan *self-care* pada pasien penderita Tuberkulosis Paru di Wilayah Kerja Puskesmas Tamansari. Metode : Jenis penelitian ini menggunakan kuantitatif dengan metode analitik korelasional dengan pendekatan *cross sectional*. Populasi dalam penelitian ini adalah penderita TB yang sedang menjalani pengobatan sebanyak 55 orang di Puskesmas Tamansari. Teknik sampling menggunakan teknik *non probability* yaitu total sampling besar sampel pada penelitian ini ditentukan dari besar populasi yaitu 55 orang. Pengumpulan data menggunakan kuesioner dan dianalisis dengan *uji chi-square*. Hasil : menunjukkan dukungan keluarga mengenai TB sebagian besar positif sebanyak 38 orang (69.1%) dan sebagian besar *self-care* baik sebanyak 33 orang (60.0%). Hasil penelitian menunjukkan terdapat hubungan antara dukungan keluarga dengan *self-care* dengan *p value* 0,005. Artinya terdapat hubungan antara dukungan keluarga dengan *self-care* pada pasien Tuberkulosis Paru di Wilayah Kerja Puskesmas Tamansari Kota Tasikmalaya. Kesimpulan : Bahwa pasien TB yang memiliki dukungan keluarga positif akan memiliki *self-care* yang baik. Saran : Diharapkan tenaga kesehatan mampu memberikan motivasi kepada keluarga untuk memberi dukungan serta motivasi kepada pasien agar terciptanya *self-care* yang baik serta kesehatan yang optimal.

Kata Kunci : Tuberkulosis Paru, Dukungan Keluarga, *Self-Care*

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ABSTRACT

**THE RELATIONSHIP OF FAMILY SUPPORT WITH SELF-CARE IN
PULMONARY TUBERCULOSIS PATIENTS IN THE WORKING AREA
OF THE TAMANSARI HEALTH CENTER, TASIKMALAYA CITY**

xiii + 88 pages + 9 tables + 1 chart + 13 appendices

Tuberculosis (TB) is a contagious chronic infectious disease caused by Mycobacterium Tuberculosis bacteria that most commonly affects the lungs. It requires a long time to undergo treatment, vulnerable to failure during the treatment period. Efforts to successfully undergo treatment for people with TB require support from family and self-care. Purpose: This study aims to determine the relationship between family and self-care in patients with Pulmonary Tuberculosis in the Tamansari Health Center Working Area. Methods: This type of research uses quantitative with correlational analytic method with cross sectional approach. The population in this study were 55 people with TB who were undergoing treatment at the Tamansari Health Center. The sampling technique used non-probability techniques, namely total sampling, the sample size in this study was determined from the population size of 55 people. Data collection using questionnaires and analyzed by chi-square test. Results: family support regarding TB was mostly positive as many as 38 people (69.1%) and most of the self-care was good as many as 33 people (60.0%). The results showed that there was a relationship between family support and self-care with a p value of 0.005. This means that there is a relationship between family support and self-care in Pulmonary Tuberculosis patients in the Tamansari Puskesmas Working Area of Tasikmalaya City. Conclusion: TB patients who have positive family support will have good self-care. Suggestion: It is expected that health workers are able to motivate families to provide support and motivation to patients in order to create good self-care and optimal health.

Keywords : *Pulmonary Tuberculosis, Family Support, Self Care*

Libraries : *(2014-2024)*