

UNIVERSITAS MUHAMMADIYAH TASIKMALAYA
FAKULTAS ILMU KESEHATAN
PROGRAM STUDI S1 KEPERAWATAN

Skripsi, Agustus 2023

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**EFEKTIVITAS PENDIDIKAN KESEHATAN *HAND HYGIENE*
TERHADAP TINGKAT PENGETAHUAN *HAND HYGIENE* SISWA
KELAS IV DAN V SDN SUKAMAJU KABUPATEN TASIKMALAYA 2023**

ABSTRAK

xiv bagian awal + 45 halaman + 6 tabel + 1 bagan + 13 lampiran

Latar Belakang: Di Indonesia, anak-anak rentan terhadap penyakit seperti ISPA, diare, cacingan, dan infeksi saluran pernapasan lainnya karena kebersihan tangan yang buruk. Anak-anak perlu dilatih dan diterapkan perilaku hidup sehat yaitu mengajarkan mereka untuk mencuci tangan (*HAND HYGIENE*) dengan sabun dan air mengalir. Faktor yang membentuk perilaku manusia adalah pengetahuan, pendidikan kesehatan kebersihan tangan meningkatkan pengetahuan siswa tentang kebersihan tangan. **Tujuan:** untuk mengetahui efektivitas Pendidikan kesehatan *hand hygiene* terhadap tingkat pengetahuan *hand hygiene* siswa kelas IV dan V SDN Sukamaju Kabupaten Tasikmalaya. **Metode:** penelitian yang digunakan adalah kuantitatif *quasi eksperiment one group pre test post test*. Populasi dalam penelitian ini yaitu siswa kelas IV dan V SDN Sukamaju Kabupaten Tasikmalaya. Pengambilan sampel dengan total sampling sebanyak 67 responden. **Hasil:** didapatkan hasil pada Analisa univariat yaitu ada peningkatan rata-rata skor (90.01) setelah diberikan Pendidikan kesehatan *Hand Hygiene*. Hasil uji *paired sampe t test*, ada perbedaan skor yang bermakna pada pengetahuan ($p=0.000$) *pre test* dan *post test* tentang *Hand Hygiene* pada siswa kelas IV dan V menggunakan pendidikan kesehatan. **Kesimpulan:** Ada efektifitas pendidikan kesehatan *hand hygiene* terhadap tingkat pengetahuan *hand hygiene* sesudah diberikan Pendidikan. **Saran:** sebaiknya dari pihak sekolah selalu memfasilitasi prasarana untuk mencuci tangan supaya selalu tersedia.

Kata kunci : *hand Hygiene*, pengetahuan, siswa sekolah dasar

Kepustakaan : 31 (2013-2022)

MUHAMMADIYAH UNIVERSITY TASIKMALAYA
FACULTY OF HEALTH SCIENCES
STUDY PROGRAM S1 NURSING

Thesis, August 2023

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**EFFECTIVENESS OF HAND HYGIENE HEALTH EDUCATION ON THE
LEVEL OF KNOWLEDGE OF HAND HYGIENE IN CLASS IV AND V
STUDENTS AT SDN SUKAMAJU, DISTRICT TASIKMALAYA 2023**

ABSTRACT

xiv initial section + 45 pages + 6 tables + 1 diagram + 13 attachment

Background: In Indonesia, children are vulnerable to diseases such as ISPA, diarrhea, intestinal worms and other respiratory infections due to poor hand hygiene. Children need to be trained and applied healthy living behaviors, namely teaching them to wash their hands (HAND HYGIENE) with soap and running water. The factor that shapes human behavior is knowledge, hand hygiene health education increases students' knowledge about hand hygiene. **Objective:** to determine the effectiveness of hand hygiene health education on the level of hand hygiene knowledge of students in grades IV and V at SDN Sukamaju, Tasikmalaya Regency. **Method:** the research used was a quasi-experimental quantitative one group pre-test post-test. The population in this study were students of grades IV and V at SDN Sukamaju, Tasikmalaya Regency. Sampling with a total sampling of 67 respondents. **Results:** The results obtained in univariate analysis were that there was an increase in the average score (90.01) after being given Hand Hygiene health education. The results of the paired sample t test showed that there was a significant difference in scores on knowledge ($p=0.000$) pre-test and post-test about hand hygiene in students in grades IV and V using health education. **Conclusion:** There is the effectiveness of hand hygiene health education on the level of hand hygiene knowledge after being given education. **Suggestion:** the school should always facilitate hand washing facilities so that they are always available.

Keywords : hand hygiene, knowledge, elementary school students

Literature : 31 (2013-2022)