

**FAKULTAS ILMU KESEHATAN
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ABSTRAK

**PENGARUH EDUKASI *SELF CARE MANAGEMENT* TUBERKULOSIS
TERHADAP PENGETAHUAN KELUARGA DI WILAYAH KERJA
PUSKESMAS TAMANSARI KOTA TASIKMALAYA TAHUN 2023**

xi bagian awal + 60 halaman + 5 tabel + 2 bagan + 9 lampiran

Tuberkulosis paru adalah penyakit yang disebabkan oleh *Mycobacterium tuberculosis*. Upaya meningkatkan kesembuhan dan menekan angka penularan, maka penderita TB paru penting untuk memperhatikan perawatan kesehatan diri (*self care*). Upaya dalam meningkatkan pengetahuan dan kemampuan keluarga, maka diperlukan edukasi kesehatan tentang *management self care*. Penelitian ini bertujuan untuk mengetahui pengaruh edukasi *self care management* tuberkulosis terhadap pengetahuan keluarga. Metode penelitian kuantitatif dengan desain kuasi eksperimen *pre test* dan *post test*. Populasinya adalah keluarga dari penderita TB paru sebanyak 57 orang, sampel sebanyak 19 orang diperoleh dengan teknik *purposive sampling*. Proses pengumpulan data menggunakan kuesioner dan dianalisis dengan uji *paired Test*. Hasil penelitian menunjukkan pengetahuan keluarga sebelum diberikan edukasi tentang *self care management* rata-rata sebesar 15,26 dan sesudah intervensi meningkat menjadi 20,78. Terdapat pengaruh edukasi *self care management* tuberkulosis terhadap pengetahuan keluarga di Wilayah Kerja Puskesmas Tamansari Kota Tasikmalaya tahun 2023 dengan p value 0,000. Oleh karena itu keluarga disarankan meningkatkan pengetahuan dengan melakukan konsultasi secara aktif kepada petugas kesehatan dalam berbagai kesempatan

Kata Kunci : Manajemen, self care, pengetahuan tuberkulosis paru

Pustaka : 34 (2012-2023)

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ABSTRACT

THE EFFECT OF TUBERCULOSIS SELF CARE MANAGEMENT EDUCATION ON FAMILY KNOWLEDGE IN THE WORKING AREA OF TAMANSARI PUBLIC HEALTH CENTER, TASIKMALAYA CITY, 2023

xi opening section + 60 pages + 5 tables + 2 charts + 9 appendices

*Pulmonary tuberculosis is a disease caused by *Mycobacterium tuberculosis*. In efforts to improve recovery and reduce transmission rates, it is important for pulmonary TB patients to pay attention to self-care. Efforts to increase family knowledge and abilities require health education about self-care management. This purpose of the study was to determine the effect of tuberculosis self care management education on family knowledge. The method of the study used quantitative research with quasi-experimental design (pre-test and post-test). The population was a family of 57 pulmonary TB sufferers, a sample of 19 people was obtained by purposive sampling technique. The process of collecting data used a questionnaire and analyzed by testing the pair test. The results show that family knowledge before being given counseling about self care management averaged 15.26 s and after the intervention increased to 20.78. There was an effect of tuberculosis self-care management education on family knowledge in the Work Area of the Tamansari Health Center, Tasikmalaya City, in 2023 with a p-value, 0.000. Therefore, families are advised to increase their knowledge by actively consulting health workers on various occasions*

Keywords: Management, self care, knowledge of pulmonary tuberculosis

Literature : 34 (2012-2023)