

UNIVERSITAS MUHAMMADIYAH TASIKMALAYA
FAKULTAS ILMU KESEHATAN
PROGRAM STUDI SARJANA KEPERAWATAN

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ABSTRAK
HUBUNGAN DUKUNGAN KELUARGA DENGAN
SELF EFFICACY PADA PASIEN TUBERKULOSIS PARU
DI WILAYAH KERJA PUSKESMAS PURBARATU
KOTA TASIKMALAYA

vi + 66 halaman + 9 tables + 2 bagan + 14 lampiran

Tuberkulosis (TB) merupakan penyakit infeksi kronis yang menular disebabkan oleh bakteri *Mycobacterium tuberculosis* yang paling sering menyerang paru-paru. Pengobatan TB membutuhkan waktu yang cukup lama, maka akan rentan terhadap kegagalan dalam masa pengobatan. Dalam upaya keberhasilan menjalani pengobatan bagi penderita TB paru yaitu memerlukan adanya keyakinan (*self efficacy*) dan dukungan dari keluarga. **Tujuan penelitian** ini untuk mengetahui hubungan dukungan keluarga dengan *self efficacy* pada pasien tuberkulosis paru di Wilayah Kerja Puskesmas Purbaratu Kota Tasikmalaya. Jenis penelitian ini menggunakan kuantitatif dengan metode analitik korelasional dengan pendekatan *cross sectional*. Populasi dalam penelitian ini adalah penderita TB paru yang sedang menjalani pengobatan sebanyak 48 orang di Puskesmas Purbaratu. Teknik sampling menggunakan teknik *non probability* yaitu total sampling sehingga besar sampel pada penelitian ini ditentukan sebesar populasi yaitu 48 orang. Pengumpulan data menggunakan kuesioner dan dianalisis dengan *uji chi-square*. **Hasil Penelitian** menunjukkan dukungan keluarga mengenai TB sebagian besar positif sebanyak 27 orang (56.3%), dan *self efficacy* sebagian besar tinggi sebanyak 25 orang (52.1%). Hasil Penelitian Menunjukkan ada hubungan antara dukungan keluarga dengan *self efficacy* dengan *p value* 0,002. Artinya bahwa ada hubungan antara dukungan keluarga dengan *self efficacy* pada pasien Tuberkulosis Paru di Wilayah Kerja Puskesmas Purbaratu Kota Tasikmalaya. **Kesimpulan** : Bahwa pasien Tb yang memiliki dukungan keluarga yang positif akan memiliki *Self efficcay* yang tinggi. **Saran** : Diharapkan tenaga kesehatan mampu memberikan motivasi kepada keluarga untuk memberi dukungan serta motivasi kepada pasien agar tercapainya *self efficacy* yang baik serta kesehatan yang optimal.

Kata Kunci : Tuberkulosis Paru, Dukungan Keluarga, *Self Efficacy*

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**TASIKMALAYA MUHAMMADIYAH UNIVERSITY
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ABSTRACT
**FAMILY SUPPORT RELATIONSHIP WITH
SELF EFFICACY IN PULMONARY TUBERCULOSIS
PATIENTS IN PURBARATU HEALTH CENTER
WORKING AREA TASIKMALAYA CITY**

vii + 66 pages + 9 tables + 2 chart + 14 appendices

*Tuberculosis (TB) is a chronic infectious disease caused by the bacterium *Mycobacterium tuberculosis* that most commonly affects the lungs. TB treatment takes a long time, so it will be vulnerable to failure during the treatment period. In an effort to successfully undergo treatment for people with pulmonary TB, it requires confidence (self-efficacy) and support from the family. **The purpose** of this study was to determine the relationship between family support and self-efficacy in pulmonary tuberculosis patients in the Purbaratu Health Center Working Area of Tasikmalaya City. This type of research uses quantitative with correlational analytic method with cross sectional approach. The population in this study were pulmonary TB patients who were undergoing treatment as many as 48 people at the Purbaratu Health Center. The sampling technique used a non-probability technique, namely total sampling so that the sample size in this study was determined as large as the population, namely 48 people. Data collection using questionnaires and analyzed by chi-square test. **The results** showed that family support regarding TB was mostly positive as many as 27 people (56.3%), and self efficacy was mostly high as many as 25 people (52.1%). The results showed that there was a relationship between family support and self efficacy with a p value of 0.002. This means that there is a relationship between family support and self efficacy in Pulmonary Tuberculosis patients in the Purbaratu Health Center Working Area of Tasikmalaya City. **Conclusion:** That Tb patients who have positive family support will have high self-efficacy. **Suggestion:** It is hoped that health workers will be able to motivate families to provide support and motivation to patients in order to achieve good self-efficacy and optimal health.*

Keywords: *Tuberkulosis, Family Support, Self Efficacy*

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