

DAFTAR PUSTAKA

- Abdinoor, N. M., & Ibrahim, M. B. (2019). Evaluating Self-Concept, Career Decision-Making Self-Efficacy and Parental Support As Predictors Career Maturity of Senior Secondary Students From Low Income Environment. *European Journal of Education Studies*.
- Agnia, H., & Dasalinda, D. (2022). Hubungan Efikasi Diri dengan Pengambilan Keputusan Karir Siswa Kelas XII SMA Negeri 1 Sukakarya. *JIIP-Jurnal Ilmiah Ilmu Pendidikan*, 5(8), 2749-2755.
- Anderson, S. L., & Betz, N. E. (2001) Sources of social self-efficacy expectation : Their Measurement and relation to career development. *Journal of vocational behavior*, 58 (1), 98-117.
- Ariana, R. D. (2018). Hubungan efikasi diri karir dengan kematangan karir pada siswa kelas xii smkn 2 jepara. *Jurnal Psikologi Perseptual*, 3(1), 7-21.
- Arikunto, S. (2010). *Prosedur Penelitian : Suatu Pendekatan Praktik* (4th ed). Jakarta: Rineka Cipta.
- Arnett, E. B., Brown, W. K., Erickson, W. P., Fiedler, J. K., Hamilton, B. L., Henry, T. H., ... & Tankersley Jr, R. D. (2008). Patterns of bat fatalities at wind energy facilities in North America. *The Journal of Wildlife Management*, 72(1), 61-78.
- Astuti, R., & Gunawan, W. (2016). Sumber-sumber efikasi diri karier remaja. *Jurnal Psikogenesis*, 4(2), 141-151.
- Atmaja, T. T. (2014). Upaya meningkatkan perencanaan karir siswa melalui bimbingan karir dengan penggunaan media modul. *PSIKOPEDAGOGIA Jurnal Bimbingan Dan Konseling*, 3(2), 57
- Bandura, A. (1997). *Self-efficacy The Exercise of Control*. New York. W. H. Freeman & Company.
- Baiti, R. D., Abdullah, S. M., & Rochwidowati, N. S. (2017). Career self-efficacy dan Kesenangan Kerja pada Mahasiswa Semester Akhir. *Jurnal Psikologi Intergratif*, 5(2), 128-141.
- Bergeron, L. M., & Romano, J. L. (1994). The relationships among career decision-making self-efficacy, educational indecision, vocational indecision, and gender. *Journal of College Student Development*.
- Betz, N. E., & Hackett, G. (1981). The relationship of career-related self-efficacy expection to perceived career options in collage women and men. *Journal of counseling pscology*, 28 (5), 399.
- Betz, N. E., & Fitzgerald, L., F. (1987). *The career psychology of women*. Orlando, FL. Academic.

- Betz, N. E., Klein, K. L., & Taylor, K. M. (1996). Evaluation of a short form of the career decision-making self-efficacy scale. *Journal of career assesment*, 4(1), 47-57.
- Betz Nancy. (2001). Career Self-Efficacy. In Frederick T. L. Leon & Azy Barak in *Contemporary Models In Vocational Psychology* (55-96).
- Betz, N. E., & Hackett, G. (2006) Career self efficacy theory: Back to the future. *Journal of career assesment*, 14(1), 3-11.
- Betz, N. E., & G. H. (2015). Career Self-Efficacy Theory: Back to the Future. *Journal of Career Assessment*.
- Bonnett, R. M. (1994). Marital status and sex: Impact on career self-efficacy. *Journal of Counseling and Development*, 73, 187-190.
- Bullock-Yowell, E., McConnell, A. E., & Schedin, E. A. (2014). Decided and undecided students: Career self-efficacy, negative thinking, and decision-making difficulties. *Nacada Journal*, 34(1), 22-34.
- Budiman, A. (2002). Manajemen Bimbingan Karir pada SMU di Kabupaten Bandung. *Jurnal Psikolog Pendidikan dan Bimbingan*. Vol 2. 259-266.
- Brake, R. G. (2001). The effects of DISCOVER career guidance software on career decision-making self-efficacy of adolescents in foster care. *Dissertation Abstracts International*, 62, 2477. (UMI No. 3017002).
- Cahyati, Y., Rosra, M., & Widiastuti, R. (2020). Peningkatan Kemantapan Pilihan Karir Melalui Layanan Konseling Kelompok REBT Pada Siswa SMK. *ALIBKIN (Jurnal Bimbingan Konseling)*, 8(2).
- Cohen , J. (1988). *Statistical Power Analysis for the Behavioral Science*. US: Lawrence, Erlbaum.
- Cohen , L., Manion , L., & Morrison , K. (2018). *Research methods in education* (eight edition). *Abingdon, Oxon*, 532-533.
- Corey, Gerald. (2013). *Theory and Practice Counseling and Psychotherapy* (9th edition). Belmont, CA: Brooks/Cole.
- Cox, S. H. (1996). The effectiveness of career planning courses in enhancing career decision-making self-efficacy. (Doctoral Dissertation, University of Dayton, 1996). *Dissertation Abstracts International*. 57, 4272 (UMI No. 9709900).
- Cunningham, R., & Turner , M. (2016). Using Rational Emotive Behavior Therapy (REBT) with Mixed Martial Arts (MMA) Athletes to reduce irrational beliefs and increase unconditional self acceptance. *Journal of Rational Emotive & Cognitive Behavior Therapy*, 34 (4), 289-309.

- Chan, C. C. (2020). Social support, career beliefs, and career self-efficacy in determination of Taiwanese college athletes' career development. *Journal of Hospitality, Leisure, Sport & Tourism Education*, 26.
- Charista, Kurnaningsih, & Soesilo. (2018). Hubungan Efikasi Diri dan Kematangan Karir Siswa. *Jurnal Penelitian dan Pengembangan Pendidikan*. 2(1), 23-29.
- Claudia, L. (2018). Hubungan efikasi diri dengan kematangan karir siswa. *Jurnal Penelitian Dan Pengembangan Pendidikan*, 2(1).
- Creswell, J. W. (2012). *Educational Research : Planning, Conducting and Evaluating Quantitative and Qualitative Research*. United States of America : Pearson Education, Inc.
- Creswell, J. W. (2014). *Educational Research : Quantitative and Qualitative and Mixed Methods Approaches (4 edition)*. California : Sage Pulication, Inc.
- David, Daniel. (2015). *Rational Emotive Behavior Therapy (REBT)*. USA: John Wiley & Sons, Inc.
- David, Oana. (2019). REBT in Coaching. In Bernard, M.E & Dryden, Windy (Ed), *Advances in REBT: Theory, Practice, Research, measurement, Prevention, and Promotion*. Switzerland: Spinger.
- Digiuseppe, Raymond, A., Doyle, K. A., Drydeen, W & Backx, W. (2014). *A Practitioner's Guide to Rational Emotive Behavior Therapy*. Thrid Edition. Oxford University Press.
- DiGiuseppe, R., Leaf, R., Gorman, B., & Robin, M. W. (2018). The development of a measure of irrational/rational beliefs. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 36, 47-79.
- Dryden, W., & Neenan, M. (2004). *Counselling individuals: A rational emotive behavioural handbook*. Whurr Publishers.
- Dryden, W & Neenan M. (2006). *Rational Emotive Behaviour Therapy : 100 Key Points & Technique*. Routledge.
- Ellis, Albert. (2005). *Why I (Really) Became A Therapist*. Albert Ellis Institute: Wiley Periodicals, Inc.
- Falentini, F. Y., Taufik, T., & Mudjiran, M. (2013). Usaha yang dilakukan Siswa dalam Menentukan Arah Pilihan Karir dan Hambatan-hambatan yang ditemui. *Konselor*, 2(1).
- Hayes, L. (1997). The undecided college student. *Counseling Today*, 40 (4). Retrieved June 16, 2002 from <http://icdl.uncg.edu/ft/081999-04.html>.
- Hasby, Baharudin, A. (2018). *Konseling Rasional Emotif Perilaku : Sebuah Tinjauan Filosofis*. 2(1). *Indonesia Journal of Educational Counseling*

- Harrington, M., & Velicer, W. F. (2015). Comparing visual and statistical analysis in single-case studies using published studies. *Multivariate behavioral research*, 50(2), 162-183.
- Hendrayani, A. (2016). Penggunaan *Model Discovery Learning* Untuk Meningkatkan Motivasi Belajar Siswa Pada Tema Indahnya Kebersamaan Dalam Pembelajaran Tematik. FKIP UNPAS.
- Hickey, M, & Doyle, K. A. (2018). Rational Emotive Behavior Therapy. In A. Vernon & K. A Doyle (Eds). *Cognitive Behaviour Therapies : A Guidebook for practitioners. American Counseling Association.*
- Hidayati, N. (2015). Hubungan Antara Efikasi Diri Akademik Dengan Minat Melanjutkan Studi Di Perguruan Tinggi Pada Siswa Kelas XI SMA Negeri 1 Kretek. *Jurnal Riset Mahasiswa Bimbingan Dan Konseling.*
- Idkhan, A. M., & Adam, A. (2016). Dampak Jika Kewirausahaan dan Hasil Praktik Industri Terhadap Kesiapan Kerja Siswa SMK Paket Keahlian Teknik Permesinan di Kota Makassar. *Jurnal Media Komunikasi Pendidikan Teknologi dan Kejuruan*, 3(1), 15-26.
- Jamali, Y., Araqi, V., & Kalantarkousheh, S. M. (2015). Function of dysfunctional career thoughts, procrastination and career indecision among Allameh Tabatab'ei University students. *European Online Journal of Natural and Social Sciences*, 4(1), 57-65.
- Jacobson, N.S. & Truax, P. (1991). Clinical significance: A statistical approach to defining meaningful change in psychotherapy research.
- Jones, R. N. (2011). *Teori dan Praktik Konseling Terapi*. Yogyakarta : Pustaka Pelajar.
- Kinugasa, T., Cerin, E., & Hooper, S. (2004). Single-subject research designs and data analyses for assessing elite athletes' conditioning. *Sports medicine*, 34, 1035-1050.
- Kurniawati, A., & Arief, S. (2016). Pengaruh efikasi diri, minat kerja, dan bimbingan karir terhadap kesiapan kerja siswa SMK program keahlian akuntansi. *Economic Education Analysis Journal*, 5(1).
- Konadi, H., Mudjiran, M., & Karneli, Y. (2017). Efektivitas Pendekatan Rational Emotive Behavior Therapy melalui Bimbingan Kelompok untuk Mengatasi Stres Akademik Siswa. *Konselor*, 6(4), 120-131.
- Khairunnisa, K., Sari, F. F., Anggelena, M., Agustina, D., & Nursa'adah, E. (2022). Penggunaan Effect Size Sebagai Mediasi dalam Koreksi Efek Suatu Penelitian. *Jurnal Pendidikan Matematika: Judika Education*, 5(2), 138-151.

- Khasanah, I. A., Hotifah, Y., Rachmawati, I., & Da Costa, A. (2022). Development of Guidebook for Rational Emotive Behavior Counseling to Improve Vocational High School Students' Career Self-Efficacy. *Buletin Konseling Inovatif*, 2(2), 48-55.
- Lahey. (2008). *Theories of Personality 5th Edition*. California: Brooks atau Coles.
- Lane, J. D., & Gast, D. L. (2014). Visual analysis in single case experimental design studies: Brief review and guidelines. *Neuropsychological rehabilitation*, 24(3-4), 445-463.
- Ledford, J. R., Lane, J. D., & Severini, K. E. (2018). Systematic use of visual analysis for assessing outcomes in single case design studies. *Brain Impairment*, 19(1), 4-17.
- Lent, R. W., & Hackett, G. (1987). Career self-efficacy: Empirical status and future directions. *Journal of vocational Behavior*, 30(3), 347-382.
- Lent, R. W., Brown, S. D., & Larkin, K. C. (1984). Relation of self-efficacy expectations to academic achievement and persistence. *Journal of Counseling Psychology*, 31(3), 356-362.
- Lent, R. W., Brown, S. D., & Hackett, G. (2000). Contextual supports and barriers to career choice: A social cognitive analysis. *Journal of Counseling Psychology*, 47, 36-49.
- Lent, R. W., Brown, S. D., & Hackett, G. (2002). Social cognitive career theory. In D. Brown & Associates (Eds.), *Career choice and development* (4th ed., pp. 255-312). San Francisco, CA: Jossey-Bass.
- Lent, R. W. (2005). A social cognitive view of career development and counseling. In S. D. Brown & R. W. Lent (Eds.), *Career development and counseling: Putting theory and research to work* (pp. 101-127).
- Maulana, R., & Fauzi, S. A. (2019). Penerapan Terapi Rasional Emotif (TRE) dalam mengurangi kecemasan siswa menentukan karier. *FOKUS (Kajian Bimbingan & Konseling dalam Pendidikan)*, 2(2), 57-64.
- Mufidah, E. F., Pravesti, C. A., & Farid, D. A. M. (2023). Urgensi Efikasi Diri: Tinjauan Teori Bandura. *PD ABKIN JATIM Open Journal System*, 3(2), 30-35.
- Nasir, A. (2020). *Pelaksanaan Konseling Individual dengan Pendekatan Client Centered Terhadap Peningkatan Efikasi Diri Siswa di Sekolah Menengah Atas Negeri 12 Pekanbaru*. Skripsi thesis. Universitas Islam Negeri Sultan Syarif Kasim Riau.
- Nurfadhilla, N. (2020). Upaya Meningkatkan Efikasi Diri Melalui Layanan Bimbingan Konseling. *ENLIGHTEN: Jurnal Bimbingan Konseling Islam*, 3(1), 48-59.

- Nuzulia, S. (2010). *Dinamika Stress Kerja, Self Efficacy dan Strategi Coping*. Semarang. Penerbit UNDIP.
- Ogbuanya, T. C., Eseadi, C., Orji, C. T., Anyanwu, J. I., Joachim, O. C., & Otu, M. S. (2018). The effect of rational emotive behavior therapy on irrational career beliefs of students of electrical electronics and other engineering trades in technical colleges in Nigeria. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 36, 201-219.
- Osipow. S. H. (1992). *Theories of career development* (3rd Ed.) Englewood Cliffs, NJ. Prentice-Hall.
- Otu, M. S., & Omeje, J. C. (2021). The effect of rational emotive career coaching on dysfunctional career beliefs in recent university graduates. *Journal of Rational-Emotive & Cognitive-Behavior Therapy*, 1-23.
- Parker, R. I., & Vannest, K. (2009). An improved effect size for single-case research: Nonoverlap of all pairs. *Behavior therapy*, 40(4), 357-367.
- Partino, H. (2006). *Kematangan Karir Siswa SMA Jayapura Provinsi Papua* (Doctoral dissertation, Universitas Gadjah Mada).
- Peterson, S. L. (1993). Career decision-making self-efficacy and institutional integration of underprepared college students. *Research in higher education*, 34(6), 659-685.
- Puth, M. T., Neuhäuser, M., & Ruxton, G. D. (2014). Effective use of Pearson's product-moment correlation coefficient. *Animal behaviour*, 93, 183-189.
- Prochaska, J.O., & Norcross, J. C. (2007). *System of Psychotherapy*. Balmont, CA: Thomson Brooks/Cole.
- Ramadhanty, J. (2020). *PENGARUH EFIKASI DIRI DAN BIMBINGAN KARIR TERHADAP KESIAPAN KERJA SISWA KELAS X DAN XI SMK NEGERI 10 JAKARTA* (Doctoral dissertation, UNIVERSITAS NEGERI JAKARTA).
- Richman, D. R. (1993). Cognitive Career Counseling: A Rational Emotive Approach to Career Development. *Journal of Rational-Emotive & Cognitive Behavior Therapy*, 11(2).
- Riyadi, A. N. (2023). CAREER GUIDANCE SERVICES USING THE HOLLAND THEORY APPROACH TO STUDENT CAREER PLANNING. *Psikoeduko: Jurnal Psikologi Edukasi dan Konseling*, 3(1), 1-16.
- Sangma, M. V., & Arulmani, G. (2013). Career preparation, career beliefs, and academic achievement motivation among high school students in Meghalaya. *Indian Journal of Career and Livelihood Planning*, 2(1), 37-39.
- Saputra, W. N. E., & Widiyari, S. (2017). Konseling karir ringkas berfokus solusi: konseling karir untuk membantu menetapkan pilihan karir siswa SMK menghadapi mea. *Jurnal Fokus Konseling*, 3(1), 24-31.

- Sari, E. K. W., & Soejanto, L. T. (2016). Keefektifan konseling kelompok REBT untuk meningkatkan self esteem mahasiswa. *JKI (Jurnal Konseling Indonesia)*, 1(2), 101.
- Sersiana, L. (2013). Hubungan Antara Self-Efficacy Karir dan Persepsi Terhadap Masa Depan Karir Dengan Kematangan Karir Siswa SMK PGRI Wonoasri Tahun Ajaran 2012/2013 (*Doctoral dissertation, State University of Surabaya*).
- Setiobudi, J. (2017). Pengaruh efikasi diri terhadap pengambilan keputusan karir pada siswa kelas XII SMA Negeri 1 Kalasan. *Jurnal Riset Mahasiswa Bimbingan Dan Konseling*, 3(1), 98-111.
- Sugianto, A. (2017). BIMBINGAN KARIR UNTUK MENINGKATKAN RASA KEBERHASILAN DALAM KARIR (CAREER SELF EFFICACY) SISWA DI SMA.
- Sugiono, S. (2013). Metode Penelitian Kuantitatif, Kualitatif, dan R&D. Bandung : Alfabeta.
- Sumintono, B., & Widhiarso, W. (2013). Aplikasi model Rasch. TrimKomunikata Publishing House.
- Sunanto, J., Takeuchi, K., & Nakata, H. (2005). Penelitian Dengan Subjek Tunggal. CRICED University of Tsukuba.
- Super, D. E. (1980). A life-span, life-space approach to career development *Journal of vocational behavior*, 16(3), 282-298.
- Susantoputri, S., Kristina, M., & Gunawan, W. (2014). Hubungan antara efikasi diri karier dengan kematangan karier pada remaja di daerah Kota Tangerang. *Jurnal Psikologi*, 10(1), 59-65.
- Suwanto, I. (2016). Konseling behavioral dengan teknik self management untuk membantu kematangan karir siswa SMK. *Jurnal Bimbingan Konseling Indonesia*, 1(1), 1-5.
- Sharf, S. Richard. (2013). Applying Career Development Theory To Counseling. University of Delaware. Brooks/Cole, Cengage Learning. Inform.
- Smith, S. M. (2002). The role of social cognitive career theory in information technology based academic performance performance. *J Technol*, 20(2), 1-10.
- Stacy, M. E. W. (2003). Influences of selected demographic variables on the Career Decision-making Self-efficacy of college seniors. Louisiana State University and Agricultural & Mechanical College.
- Stickel, S. A., & Bonett, R. M. (1991). Gender differences in career self-efficacy. combining a career with home and family. *Journal of College Student Development*.

- Taylor, K. M., & Betz, N. E. (1983). Applications of self-efficacy theory to the understanding and treatment of career indecision. *Journal of vocational behavior*, 22 (1), 63-81.
- Umam, R. N. U. (2021). Pengembangan Efikasi Diri Siswa SMK dalam Menentukan Keputusan Karir Melalui Layanan Bimbingan Kelompok. *Islamic Counseling: Jurnal Bimbingan dan Konseling Islam*, 5(1), 115-132.
- Wahyuni, S. (2013). Hubungan Efikasi Diri dan Regulasi Emosi dengan Motivasi Berprestasi Pada Siswa. *Psikoborneo: Jurnal Ilmiah Psikologi*, 1(1).
- Wahyuningsih, D. D., & Nugraha, I. S. (2021). Penggunaan kolase karir sebagai intervensi terapi untuk pengambilan keputusan karir siswa SMK. *Konseling Edukasi: Journal Of Guidance and Counseling*, 5(2), 250-268.
- Wardiati, W. (2017). Penerapan Pendekatan Konseling Kelompok Rasional Emotif Perilaku (Krep) untuk Meningkatkan Efikasi Diri Siswa Kelas VII G di SMP Negeri 5 Pamekasan (*Doctoral dissertation, State University of Surabaya*).
- Wibowo, D. M. L. M. E., & Tadjri, I. (2013). Pengembangan modul bimbingan karir berbasis multimedia interaktif untuk meningkatkan kematangan karir siswa. *Jurnal Bimbingan Konseling*, 2(1).
- Wheeler, K. G. (1983). Comparisons of self-efficacy and expectancy models of occupational preferences for college males and females. *Journal of Occupational Psychology*, 56(1), 73-78.
- Yusuf, M. (2017). *Metode Penelitian : Kuantitatif, Kualitatif dan Penelitian Gabungan*. Jakarta : Kencana
- Yusuf, Syamsu. (2016). *Psikologi Perkembangan Anak dan Remaja*. Bandung: PT. Remaja Rosdakarya.
- Yusuf, S., & Nurihsan, A. J. (2014). *Landasan Bimbingan dan Konseling*. Bandung: PT. Remaja Rosdakarya.