

**FAKULTAS ILMU KESEHATAN
PROGRAM STUDI S1- KEPERAWATAN
UNIVERSITAS MUHAMMADIYAH TASIKMALAYA
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**GAMBARAN PENGETAHUAN IBU NIFAS TENTANG PIJAT
OKSITOSIN DI WILAYAH KERJA PUSKESMAS CIBEREUM KOTA
TASIKMALAYA PADA TAHUN 2022**

ABSTRAK

xii bagian awal + 53 halaman + 9 tabel +1 bagan + 10 lampiran

Pijat oksitosin menjadi hal yang penting karena menjadi salah satu teknik untuk menangani ketidaklancaran produksi air susu ibu (ASI). Pengetahuan mengenai pijat oksitoksin pada ibu Nifas sangat penting dilakukan sebagai upaya untuk mencegah dampak dari menghambat sekresi hormone oksitoksin yang berperan dalam pengeluaran air susu ibu (ASI). Penelitian ini bertujuan untuk mengetahui gambaran pengetahuan ibu nifas tentang pijat oksitosin di Wilayah Kerja Puskesmas Cibereum Kota Tasikmalaya Pada Tahun 2022. Jenis penelitian ini kuantitatif dengan menggunakan metode deskriptif. Populasi adalah ibu nifas yang melahirkan pada bulan Maret yang berjumlah 30, sampel diperoleh menggunakan teknik *total sampling*. Data diperoleh dengan kuesioner tertutup dan data dianalisis dengan menggunakan distribusi frekuensi. Hasil penelitian menunjukkan karakteristik umur rata-rata 29 tahun, Pendidikan SD sebanyak 9 orang (30.0%) dan pekerjaan sebagian besar IRT sebanyak 15 orang (50.0%). Berdasarkan pengetahuan pijat oksitoksin sebagian besar termasuk kategori kurang yaitu sebanyak 13 orang (43.3%), cukup sebanyak 11 orang (36.7%) dan yang baik 6 orang (20.0%). Kesimpulan dari penelitian ini sebagian besar ibu nifas berpengetahuan kurang. Direkomendasikan petugas kesehatan untuk melakukan Pendidikan Kesehatan tentang pijat oksitoksin pada ibu nifas.

Kata Kunci : ASI, Ibu Nifas, Pengetahuan, Pijat Oksitosin

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AN OVERVIEW OF THE KNOWLEDGE OF PUFAS ABOUT OXYTOCIN
MASSAGE IN THE WORKING AREA OF THE CIBEREUM HEALTH
CENTER IN TASIKMALAYA CITY IN 2022

ABSTRACT

xii initial section + 53 pages + 9 tables + 1 chart + 10 attachments

Oxytocin massage is important because it is one of the techniques to deal with the incessant production of breast milk (breast milk). Knowledge about oxytocin massage in puerperal mothers is very important as an effort to prevent the impact of inhibiting the secretion of the hormone oxytocin which plays a role in the production of breast milk (breast milk). This study aims to find out an overview of the knowledge of puerperal mothers about oxytocin massage in the Cibereum Health Center Working Area, Tasikmalaya City in 2022. This type of research is quantitative by using descriptive methods. The population is puerperal mothers who gave birth in March which numbered 30, samples were obtained using the total sampling technique. Data were obtained by a closed questionnaire and the data were analyzed using frequency distributions. The results showed the characteristics of the average age of 29 years, elementary education as many as 9 people (30.0%) and the occupation of most IRT as many as 15 people (50.0%). Based on the knowledge of oxytocin massage, most of them are in the category of less, namely as many as 13 people (43.3%), enough as many as 11 people (36.7%) and a good 6 people (20.0%). The conclusions of this study are that most puerperal mothers are less knowledgeable. It is recommended that health workers conduct Health Education about oxytocin massage in puerperal mothers.

Keywords : Breast milk, Puerperal Mother, Knowledge, Oxytocin Massage

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