

**FAKULTAS ILMU KESEHATAN  
PROGRAM STUDI S1- KEPERAWATAN  
UNIVERSITAS MUHAMMADIYAH TASIKMALAYA**

**Skripsi, Juli 2022  
Tasya Bilqis Selviani**

**Hubungan Kebiasaan Vulva Hygine Dengan Kejadian Keputihan (*Flour Albus*) Pada Siswi Di Smkn 2 Tasikmalaya**

**ABSTRAK**

xi + 86 halaman + 3 tabel +1 bagan +12 lampiran

Keputihan atau *Flour Albus* merupakan keluarnya cairan selain darah dari vagina diluar kebiasaan, baik berbau atau tidak, dan disertai rasa gatal dibagian vagina. Dampak terjadinya keputihan pada remaja mengakibatkan kemandulan, kehamilan ektopik (kehamilan diluar kandungan), bahkan bisa menyebabkan kanker rahim. Salah satu untuk mencegah terjadinya keputihan yaitu dengan *vulva hygiene*. Penelitian ini bertujuan untuk mengetahui hubungan Kebiasaan *Vulva Hygine* dengan Kejadian Keputihan Pada Siswi di SMKN 2 Tasikmalaya. Jenis penelitian ini kuantitatif dengan pendekatan metode korelasional. Populasi dalam penelitian ini adalah seluruh siswi SMKN 2 Tasikmalaya sebanyak 750. Dengan menggunakan Teknik purposive sampling didapatkan jumlah sampel sebanyak 88 orang siswi. Data dianalisis dengan menggunakan distribusi frekuensi dan chi square. Hasil penelitian menunjukkan bahwa kebiasaan *vulva hygiene* yang baik didapatkan sebanyak (53.4%) dan kejadian keputihan didapatkan sebanyak (51.1%) yang tidak mengalami keputihan. Hasil uji chi square diperoleh dengan nilai p value 0,000 artinya terdapat hubungan antara kebiasaan vulva hygiene dengan kejadian keputihan, hasil uji OR sebesar 11,6 artinya responden yang kebiasaan vulva hygiene baik memiliki peluang 11,6 kali lipat tidak mengalami keputihan. Kesimpulan dari penelitian ini terdapat hubungan antara kebiasaan vulva hygiene dengan kejadian keputihan. Direkomendasikan pihak sekolah dapat melakukan kerja sama dengan petugas kesehatan untuk melakukan program promosi kesehatan melalui pendidikan kesehatan reproduksi remaja tentang pentingnya kebersihan organ genitalia sehingga dapat mengurangi kejadian keputihan.

Kata Kunci : Kebiasaan Vulva Hygiene, Keputihan, Remaja

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**FACULTY OF HEALTH SCIENCES  
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*Thesis, July 2022  
Tasya Bilqis Selviani*

***The Correlation between Vulva Hygiene Habits and The Incidence of Vaginal Discharge (Flour Albus) in Schoolgirls at Smkn 2 Tasikmalaya***

**ABSTRACT**

*xi + 86 pages + 3 tables +1 chart +12 appendices*

*Vaginal discharge or Flour Albus is the discharge of fluids other than blood from the vagina out of the ordinary, whether smelling or not, and accompanied by itching in the vagina. The impact of vaginal discharge in adolescents results in infertility, ectopic pregnancy (pregnancy outside the womb), and can even cause uterine cancer. One of the ways to prevent the occurrence of vaginal discharge is with vulva hygiene. This study aims to determine the relationship between Vulva Hygiene Habits and the Incidence of Vaginal Discharge in Female Students at SMKN 2 Tasikmalaya. This type of research is quantitative with a correlational method approach. The population in this study was all students of SMKN 2 Tasikmalaya as many as 750. By using the purposive sampling technique, a total sample of 88 female students was obtained. The data were analyzed using frequency distribution and chi square. The results showed that good hygiene vulva habits were obtained as much as (53.4%) and the incidence of vaginal discharge was obtained as many as (51.1%) who did not experience vaginal discharge. The results of the chi square test obtained with a p value of 0.000 means that there is a relationship between the habit of the hygiene vulva and the incidence of vaginal discharge, the OR test results of 11.6 means that respondents who are mediocre vulva hygiene good have an 11.6 times chance of not experiencing vaginal discharge. The conclusion of this study was that there was a relationship between vulva hygiene habits and the incidence of vaginal discharge. It is recommended that the school can collaborate with health workers to carry out health promotion programs through adolescent reproductive health education about the importance of hygiene of genitalia organs so as to reduce the incidence of vaginal discharge.*

*Keywords : Vulva Hygiene Habits, Vaginal Discharge, Teenegers  
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