

**PROGRAM STUDI S-1 KEPERAWATAN
STIKes MUHAMMADIYAH TASIKMALAYA
Skripsi, Agustus 2013**

ABSTRAK

GAMBARAN PELAKSANAAN PERILAKU HIDUP BERSIH DAN SEHAT PADA ANAK TUNAGRAHITA DI SLB AISYIYAH SINGAPARNA TAHUN 2013

xvi bagian awal + 63 hal + 9 tabel + 1 bagan + 1 gambar + 9 lampiran

Kemandirian anak tunagrahita memerlukan perhatian yang intensif, pada anak tunagrahita memiliki kecenderungan akan kelamahan motorik kasar dan motorik halus. Anak tunagrahita memerlukan bantuan dari orang tua terutama dalam pemenuhan konsep perilaku hidup bersih dan sehat. Tujuan penelitian ini untuk mengetahui gambaran pelaksanaan perilaku hidup bersih dan sehat pada anak tunagrahita. Jenis penelitian kuantitatif dan metode deskriptif. Populasi adalah seluruh anak tunagrahita sebanyak 93 orang di SLB Aisyiyah. Pengambilan sampel menggunakan teknik purposive sampling. Data diperoleh menggunakan format observasi dan dianalisis secara univariat. Hasil penelitian menunjukkan perilaku hidup bersih dan sehat anak tunagrahita dalam indikator mencuci tangan termasuk baik (48.4%), indikator penggunaan jamban termasuk kurang (59.1%), indikator membuang sampah termasuk kurang (67.7%), indikator mandi termasuk kurang (48.4%) dan indikator memotong kuku termasuk kurang (50.5%). Kesimpulan dari penelitian ini adalah perilaku PBHS anak tunagrahita dalam indikator mencuci tangan termasuk baik, namun dalam indikator penggunaan jamban membuang sampah, mandi, serta memotong kuku termasuk kurang. Pihak sekolah menerapkan PHBS melalui pendidikan kesehatan tentang PHBS kepada para siswa dengan memfasilitasi atau melengkapi prasarana.

**Kata Kunci : PHBS, Tuna Grahita
Kepustakaan : 17 (2003-2012)**

**SCHOLAR DEGREE OF NURSING DEPARTMENT
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ABSTRACT

**THE DESCRIPTION OF IMPLEMENTATION ABOUT CLEAN AND
HEALTHY LIFE BEHAVIOR TOWARD MENTALLY RETARDED CHILDREN
AT AISYIYAH SPECIAL SCHOOL SINGAPARNA IN 2013**

xvi beginning part + 63 pages + 9 Tables + 1 chart + 1 picture + 8 attachments

The self reliance of mentally retarded children need intensive care, they have inclination toward course and soft motoric weakness. The mentaly retarded children needed help from their parents espacially in fulfilling clean and healthy life behavior concept. The porposes of this researachare to know ther description of implementation clean and healthy life behavior toward mentally retarded children. The kind of quantitative research and descriptive method. The population of this research are all of mentally retarded children as many as 93 people at Aisyiyah Special School. Porpasive sampling is as sample gathering method. Data earned by using observation form and analized univeratly. The result shown clean and health life on disabled children in hand wash indicator is good (48,4%), bathroom indicator is bellow average (59,1%), in disposal management is bellow average (67,7%), in shower indicator is bellow average (48,4%), and manicure indicator is bellow average (50,5%). The conclusion of the research are the clean and healthy life behavior toward mentally retarded children have got a good point in handwash indicator, but they have got below average point in using bathroom, disposal management, shower and manicure indicator. Based on the result of research, writen suggest the school side to apply clean and healthy life behavior for student through health education.It can be used to facilitate and clomplete infrastructure

Keywords : *Clean And Healty Life Behavior, mentally retarded*

Bibliography : *17 resources (2003-2012)*