

UNIVERSITAS MUHAMMADIYAH TASIKMALAYA

FAKULTAS ILMU KESEHATAN

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**PENGARUH FINGER PAINTING TERHADAP
PENINGKATAN PERKEMBANGAN MOTORIK HALUS
ANAK PRASEKOLAH DI RA MIFTAHUL ULUM
CIHURIP**

ABSTRAK

Xiii bagian awal + 75 halaman + 14 tabel + 1 bagan + 12 lampiran

Motorik halus adalah gerakan suatu aktivitas seperti meronce, menggambar, menempel, menggunting, dan melipat dengan menggunakan otot-otot halus. *Finger painting* adalah menggambar menggunakan cat yang dioleskan pada kertas putih dengan jari atau telapak tangan. Penelitian ini bertujuan untuk mengetahui apakah ada pengaruh *finger painting* terhadap perkembangan motorik halus anak pra sekolah di RA Miftahul Ulum Cihurip. Penelitian ini menggunakan pendekatan kuantitatif dengan metode penelitian *Pre-Experimental Design*. Sampel yang digunakan dalam penelitian ini sebanyak 16 responden, penelitian ini dilakukan dengan uji *Wilcoxon Signed Rank*. Hasil penelitian menunjukkan bahwa kegiatan *finger painting* dapat meningkatkan perkembangan motorik halus anak di RA Miftahul Ulum Cihurip. Hal tersebut dapat dilihat dari nilai mean sebelum dilakukan intervensi yaitu 32,88 dengan standar deviasi 0,342 dan nilai mean sesudah dilakukan intervensi yaitu 55,75 dengan standar deviasi 2,082, berdasarkan uji *Wilcoxon Signed Rank* menghasilkan nilai Asymp.Sig (2-tailed) sebesar $0,000 < 0,05$. Oleh karena itu dapat disimpulkan bahwa terdapat pengaruh *finger painting* terhadap peningkatan perkembangan motorik halus anak prasekolah di RA Miftahul Ulum Cihurip dengan $p = 0,000 < 0,05$. Saran peneliti bagi instansi pendidikan yaitu dapat lebih sering memberikan stimulasi untuk merangsang motorik halus anak agar lebih berkembang salah satunya dengan memberikan stimulasi *finger painting*, dan juga institusi dapat memfasilitasi kegiatan stimulasinya dikarenakan membutuhkan alat dan bahan yang memadai.

Kata Kunci : Motorik halus, *finger painting*.

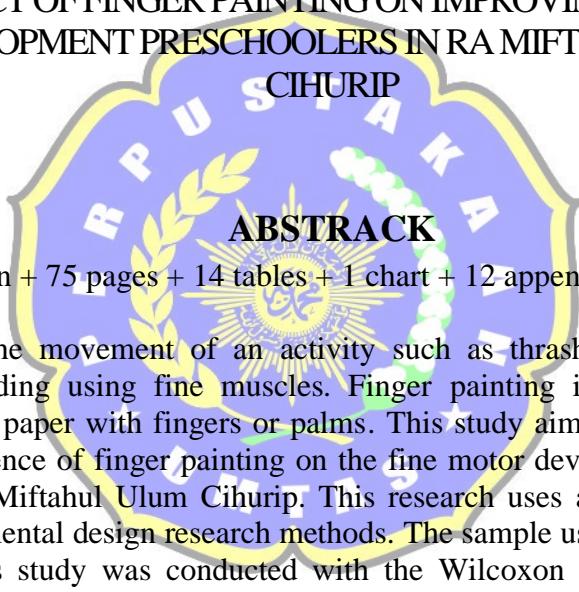
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MUHAMMADIYAH UNIVERSITY TASIKMALAYA
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**THE EFFECT OF FINGER PAINTING ON IMPROVING FINE MOTOR
DEVELOPMENT PRESCHOOLERS IN RA MIFTAH ULULUM
CIHURIP**



Xiii initial section + 75 pages + 14 tables + 1 chart + 12 appendices

Fine motor is the movement of an activity such as thrashing, drawing, pasting, cutting, and folding using fine muscles. Finger painting is drawing using paint applied to white paper with fingers or palms. This study aims to determine whether there is an influence of finger painting on the fine motor development of pre-school children at RA Miftahul Ulum Cihurip. This research uses a quantitative approach with pre-experimental design research methods. The sample used in this study was 16 respondents, this study was conducted with the Wilcoxon Signed Rank test. The results showed that finger painting activities can improve children's fine motor development at RA Miftahul Ulum Cihurip. This can be seen from the mean value before the intervention, which is 32.88 with a standard deviation of 0.342 and the mean value after the intervention is 55.75 with a standard deviation of 2.082, based on the Wilcoxon Signed Rank test, it produces an Asymp.Sig (2-tailed) value of $0.000 < 0.05$. Therefore, it can be concluded that there is an influence of finger painting on improving the fine motor development of preschoolers in RA Miftahul Ulum Cihurip with $p = 0.000 < 0.05$. The researcher's advice for educational institutions is that they can more often provide stimulation to stimulate children's fine motor skills to be more developed, one of which is by providing finger painting stimulation, and also institutions can facilitate their stimulation activities because they need adequate tools and materials.

Keywords : Fine motor, finger painting.