

**FAKULTAS ILMU KESEHATAN
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**GELFIRA DEWI REGINA
C1814201003**

**HUBUNGAN LAMANYA HEMODIALISA DENGAN TINGKAT
KECEMASAN PASIEN DI RSUD DR SOEKARDJO
KOTA TASIKMALAYA**

ABSTRAK

ix bagian awal + 50 halaman + VII bab + 4 tabel + 1 Gambar + 14 Lampiran

Hemodialisis merupakan salah satu terapi pengganti ginjal untuk penderita gagal ginjal kronis yang dilakukan seumur hidup. Pasien gagal ginjal kronis yang sudah menjalani hemodialisa bukan berarti sembuh tanpa permasalahan. Masalah yang terjadi tidak hanya masalah fisik berupa penurunan fungsi tubuh, namun juga terjadi masalah psikososial salah satunya adalah kecemasan. Kecemasan yang dialami seperti dada berdebar-debar, sedih, rasa takut akan kematian, dan merasa kesakitan terutama bagi yang awal-awal menjalani hemodialisa. Tujuan penelitian ini untuk mengetahui hubungan lamanya hemodialisa dengan tingkat kecemasan pasien di RSUD dr. Soekardjo Kota Tasikmalaya. Metode penelitian deskriptif korelasional dengan pendekatan *cross sectional*. Populasi dalam penelitian ini adalah pasien yang melakukan terapi hemodialisa sebanyak 111 orang dengan teknik sampel total sampling. Hasil penelitian menunjukkan lamanya melakukan terapi hemodialisa sebagian besar pada kategori belum lama sebanyak 66 orang (59,5%), tingkat kecemasan responden yang melakukan terapi hemodialisa sebagian besar pada kategori kecemasan sedang sebanyak 52 orang (46,8%). Hasil analisis uji hubungan menunjukkan *p value* sebesar $0,035 < 0,05$, hal ini menunjukkan ada hubungan lamanya hemodialisa dengan tingkat kecemasan pasien di RSUD dr Soekardjo Kota Tasikmalaya. Dukungan dari keluarga sangat dibutuhkan agar meningkatkan motivasi pasien dalam menjalani masa terapi yang lama.

Kata Kunci : hemodialisa, kecemasan, terapi.
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FACULTY OF HEALTH SCIENCES

BACHELOR NURSING OF STUDY PROGRAM
UNIVERSITY OF MUHAMMADIYAH TASIKMALAYA
Thesis, June 2022

GELFIRA DEWI REGINA
C1814201003

***THE RELATIONSHIP OF THE DURATION OF HEMODIALIZATION WITH
LEVELS PATIENT'S ANXIETY IN DR SOEKARDJO HOSPITAL
TASIKMALAYA CITY***

ABSTRACT

ix preamble + 50 pages + VII chapters + 4 tables + 1 Figure + 14 Appendices

Hemodialysis is one of the kidney replacement therapies for patients with chronic kidney disease that is carried out for life. Chronic kidney disease patients who have undergone hemodialysis do not mean they are cured without problems. Problems that occur are not only physical problems in the form of decreased body functions, but also psychosocial problems, one of which is anxiety. Anxiety experienced such as chest palpitations, sadness, fear of death, and feeling pain, especially for those who are undergoing hemodialysis in the beginning. The purpose of this study was to determine the relationship between the length of hemodialysis and the level of anxiety in patients at RSUD dr Soekardjo, Tasikmalaya City. Correlational descriptive research method with cross sectional approach. The population of this study The population in this study were patients who underwent hemodialysis therapy at dr. Soekardjo Tasikmalaya City as many as 111 people with a total sampling technique. The results showed that the longest duration of hemodialysis therapy was in the recent category as many as 66 people (59.5%), the anxiety level of respondents who did hemodialysis therapy was greatest in the moderate anxiety category as many as 52 people (46.8%). There is a relationship between the length of hemodialysis and the patient's anxiety level at Dr. Soekardjo Hospital, Tasikmalaya City with a significant value of value of $0.035 < 0.05$. Support from the family is needed in order to increase the patient's motivation in undergoing a long period of therapy.

Keywords: hemodialysis, anxietytherapy

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