

**FAKULTAS ILMU KESEHATAN  
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**ABSTRAK**

**HUBUNGAN DERAJAT PRURITUS DENGAN KUALITAS TIDUR PADA  
PASIEN *CHRONIC KIDNEY DISEASE* (CKD) DI RUANG HEMODIALISA  
RSUD dr SOEKARDJO KOTA TASIKMALAYA**

xiii bagian awal + 53 hlm + 6 tabel + 1 gambar + 9 lampiran

Penyakit *chronic Kidney Disease* (CKD) merupakan salah satu penyakit tidak menular yang saat ini. Salah satu terapi yang digunakan untuk pasien CKD adalah Hemodialisa. Permasalahan atau dampak yang sering terjadi pada pasien CKD yang menjalani hemodialisis adalah pruritus uremik. Pruritus uremik dapat menyebabkan berbagai permasalahan salah satunya adalah gangguan tidur. Penelitian bertujuan untuk mengetahui hubungan derajat pruritus dengan kualitas tidur pada penderita CKD di ruang Hemodialisa RSUD dr. Soekardjo Kota Tasikmalaya. Jenis penelitian deskriptif korelasi dengan pendekatan *cross sectional*. Populasi adalah pasien CKD yang menjalani hemodialisa berjumlah 111, pengambilan sampel menggunakan teknik *total sampling*. Data diperoleh menggunakan kuesioner *pittsburgh severity quality index* (PSQI) dan *5D itch scale* dan analisis dengan uji *chi square Test*. Hasil penelitian ini didapatkan derajat pruritus responden kategori sedang sebanyak 52 orang (46.8%), kualitas tidur responden sebagian besar buruk sebanyak 60 orang (54,1%). Hasil analisis menunjukkan p value 0.000 artinya terdapat hubungan antara derajat pruritus dengan kualitas tidur pasien CKD yang menjalani Hemodialisa. Kesimpulan terdapat hubungan antara derajat pruritus dengan kualitas tidur pada penderita *Chronic Kidney Disease* (CKD) di ruang Hemodialisa RSUD dr. Soekardjo Kota Tasikmalaya. Disarankan untuk memberikan edukasi tentang menjaga kelembaban kulit untuk meminimalkan terjadinya pruritus.

Kata Kunci : Derajat Pruritus, Hemodialisa, Kualitas Tidur

Kepustakaan : 65 (2012-2022)

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**ABSTRACT**

***RELATIONSHIP OF DEGREES OF PRURITUS AND SLEEP QUALITY IN  
CHRONIC KIDNEY DISEASE (CKD) PATIENTS IN THE  
HEMODIALIZATION ROOM OF RSUD Dr SOEKARDJO, TASIKMALAYA  
CITY***

*xiii beginning + 53 pages + 6 tables + 1 picture + 9 appendices*

*Chronic Kidney Disease (CKD) is one of the current non-communicable diseases. One of the therapies used for CKD patients is Hemodialysis. The problem or impact that often occurs in CKD patients undergoing hemodialysis is uremic pruritus. Uremic pruritus can cause various problems, one of which is sleep disorders. The study aimed to determine the relationship between pruritus degree and sleep quality in CKD sufferers in the Hemodialysis room of dr. Soekardjo Hospital, Tasikmalaya City. This type of descriptive research correlates with a cross-sectional approach. The population was CKD patients undergoing hemodialysis totaling 111, sampling using the total sampling technique. Data were obtained using the pittsburgh severity quality index (PSQI) questionnaire and a 5D itch scale and analysis with the chi square test. The results of this study obtained the degree of pruritus of respondents in the moderate category as many as 52 people (46.8%), the sleep quality of respondents was mostly poor as many as 60 people (54.1%). The results of the analysis showed a p value of 0.000 meaning that there was a relationship between the degree of pruritus and the sleep quality of CKD patients undergoing Hemodialysis. The conclusion is that there is a relationship between the degree of pruritus and sleep quality in patients with Chronic Kidney Disease (CKD) in the Hemodialysis room of dr. Soekardjo Hospital, Tasikmalaya City. It is recommended to provide education about maintaining skin moisture to minimize the occurrence of pruritus.*

*Keywords : Pruritus Degree, Hemodialysis, Sleep Quality*

*Literature : 65 (2012-2022)*